

# Past Results and Future Directions in Urban Community Gardens Research

Article *in* Urban Forestry & Urban Greening · December 2012

DOI: 10.1016/j.ufug.2012.06.007

## 3 authors:



[Daniela A. Guitart](#)  
Griffith University



[Catherine Pickering](#)  
Griffith University



[Jason Antony Byrne](#)  
University of Tasmania

1    **Abstract**

2    Globally, rapid urbanization has substantially reduced the amount of viable agricultural land  
3    – a food security issue. Food security is bringing a renewed scholarly interest in community  
4    gardens. This paper reviews the extent of English academic literature on community gardens,  
5    including: who has undertaken the research, where it has been published, the geographical  
6    location of the gardens studied, and the various methods used to undertake the research. The  
7    characteristics of the community gardens are summarised, including what types of plants are  
8    grown, who is involved in the gardens, and who owns the land. The motivations, benefits and  
9    limitations of community gardening are also examined. Finally, potential directions for  
10   research into community gardens are highlighted. Academic literature on community gardens  
11   is dominated by studies investigating gardens in low income areas with diverse cultural  
12   backgrounds. Research based in cities in the USA also dominates the literature. Scholars  
13   from a wide diversity of disciplines have examined community gardens but research is  
14   mostly concentrated in the social sciences. The natural sciences are notably under-  
15   represented, yet they have much to offer including assessing gardening practices to better  
16   understand the agro-biodiversity conservation potential of community gardens.

17

18    **Keywords**

19    Community food production; Urban green space; Food security; Agro-biodiversity

20

## 1 **Introduction**

2 Rapid urbanization is a major issue confronting many countries, with over half of the world's  
3 population now living in urban environments (UNFPA, 2007). When people move from rural  
4 to urban environments, they are less likely to produce or even see food being grown, and  
5 more likely to consume food that has been transported long distances, including processed  
6 foods (Campbell, 2004; Clement, 2010). Growing concerns about the quality and cost of  
7 food, and food insecurity have increased interest in growing food locally in cities including in  
8 community gardens (Twiss et al., 2003; Corrigan, 2011; Evers, 2011). Community gardens  
9 are growing in popularity and can involve a wide range of groups such as schools, prisons,  
10 youth, elderly, hospitals, and local residents of neighbourhoods (Pudup, 2008; Teig et al.,  
11 2009). They are not only a source of food but provide other benefits, such as community  
12 building, education, and promoting health (Bodel and Anda, 1996; Kurtz, 2001; Mundel and  
13 Chapman, 2010; Beilin and Hunter, 2011; Turner, 2011).

14 Generally the term 'community garden' refers to 'open spaces which are managed and  
15 operated by members of the local community in which food or flowers are cultivated'  
16 (Holland, 2004; Pudup, 2008; Kingsley et al., 2009). We use this broad definition because it  
17 is clear, reflects other studies and captures the variety of community gardens in the literature.  
18 Community gardens are similar to, but not synonymous with, urban agriculture but differ  
19 from backyard gardens that are privately managed by a family.

20 Reflecting the growing interest in community gardens is an increasing literature on these  
21 types of gardens, including books, guides, evaluations, reports, manuals, conference papers,  
22 thesis and academic literature (Nettle, 2010). Within the academic literature, there is  
23 considerable diversity in research on community gardens, with papers published in journals  
24 ranging from geography and planning to health. Despite, or perhaps because of the breadth of

1 interest in community gardens, this literature has not been comprehensively reviewed until  
2 now. Employing a well-established quantitative review technique (Petticrew and Roberts,  
3 2005), this paper assesses the extent of academic literature on community gardens including:  
4 (i) who has undertaken the research; (ii) where it was published; (iii) the geographical  
5 location of the gardens studied; (iv) and the types of methods used to undertake the research.  
6 Using this data, characteristics of community gardens are summarised including: what is  
7 grown, who is involved in the gardens, and land ownership. The motivations, benefits and  
8 limitations associated with community gardens are also examined. The paper concludes by  
9 highlighting future directions for research into community gardens. This paper makes a  
10 critical contribution to the field by mapping the current status of the literature on the topic,  
11 including identifying major gaps in the research.

12

## 13 **Methods**

14 A systematic quantitative literature review was performed using a methodology which has  
15 been used in a range of reviews (Petticrew, 2001; Ogilvie et al., 2004; Tucker and Gilliland,  
16 2007; Dunton et al., 2009; Gentin 2011; Steven 2011). By using systematic methods to search  
17 and categorise the literature, these types of reviews provide reproducible, reliable  
18 assessments of the current status of a field of research. The ways in which papers were found,  
19 selected and categorised are clearly articulated, minimising potential biases that occur in  
20 some narrative style reviews (Petticrew, 2001; Collins and Fauser, 2005). The resulting  
21 quantitative assessment documents the geographical spread of the literature, the types of  
22 methods used, and the types of results obtained. Thus it can highlight if reliable conclusions  
23 can be drawn from the literature, or if biases produce weaknesses (e.g. areas that have been

1 under researched), and hence can mobilise future research agendas (i.e. to fill knowledge  
2 gaps).

3 Original research papers in English language journals about community gardens were  
4 obtained from searches of electronic database including: Google Scholar, Geo Base, ISI Web  
5 of Knowledge, Pro Quest and Bio Med from December 2010 to December 2011. Keywords  
6 used for the searches were 'community garden' and a combination of terms including:  
7 'space', 'green', 'gardening', 'school', 'urban', 'food production', 'land use', 'place',  
8 'planning', 'agriculture' and 'people'. The papers found were triangulated against a recent  
9 annotated bibliography about community gardens (Nettle, 2010).

10 Only papers describing the results of original research using the term 'community garden(s)',  
11 and published in academic journals were included. Review papers and other reports such as  
12 conference proceedings or theses were not included. Since the first articles that appeared in  
13 many of the databases were the most frequently cited and recently published articles, the  
14 reference lists of the articles examined were also used to find additional papers.

15 Papers about community gardens and legal aspects of gardening appeared in the search  
16 results, however they were excluded since they were either review papers or commentaries  
17 (Borrelli, 2008; Irazabal and Punja, 2009; Dunn, 2010). Research articles about backyard or  
18 home gardening (Head et al., 2004; Ghosh et al., 2008; Galluzzi et al., 2010) and rural  
19 community gardens (Freidberg, 2001; Bharwani et al., 2005) were also excluded since they  
20 did not match the criteria for urban community gardens. From each research paper, the  
21 following information was recorded in a database: author(s), their affiliation, journal name,  
22 year of publication, location of the gardens studied, whether the term 'community garden'  
23 was defined, general focus of the paper (e.g. health, social, environment and planning, policy,  
24 economics, cultural issues, education), methods used in the research (e.g. method for

1 collecting data, group segment and type of data), information about the gardens studied (e.g.  
2 food producing, land tenure, property value effect, average yield), and characteristics of  
3 people involved in them (e.g. type of community group, cultural backgrounds, poverty,  
4 motivations, challenges, benefits) as well as the overall effect of community gardens. Some  
5 of these categories had to be broadly based to deal with the diversity in the community  
6 garden literature.

7 The methods used for data collection were divided in natural and social science methods.  
8 Social science methods included: observation, surveys, interviews, focus groups, case studies  
9 and archival research. Wherever relevant, the source of information (e.g. gardeners, garden  
10 managers, etc.), the number of people involved in the research, and the number of gardens  
11 examined were recorded. The type of data collected was recorded as either qualitative,  
12 quantitative or both.

13 The motivations (e.g. access to fresh food, cultural or spiritual practices, to save money, to  
14 socialise, for education, etc.), benefits and challenges (e.g. future land access, soil  
15 contamination, waiting lists to obtain plots, funding, etc.) of community gardeners were also  
16 recorded. Benefits were classified as either ‘discussed’ or ‘demonstrated’ depending on  
17 whether they were only mentioned as the authors’ opinion and/or findings in previous  
18 literature, or whether they were confirmed as a result of the research. These included access  
19 to fresh and safe foods, mental and physical health, reduced crime or increased safety,  
20 environmental sustainability, social, economic, cultural heritage, life satisfaction, education  
21 and increased biodiversity. Finally, the overall effect(s) community gardens had on the issues  
22 discussed were recorded as positive, negative, mixed, or neutral.

23 By only using peer reviewed research, the methods and conclusions of each paper assessed  
24 had already been evaluated within its discipline as of a suitable standard for publication in the

1 academic literature. We did not explicitly assess/weight different studies as more or less  
2 reliable based on their methodology. To do so in a consistent and reliable way raises  
3 epistemological issues about the appropriateness of different research paradigms, particularly  
4 in situations such as that for the community gardens literature, where research has been  
5 conducted by diverse disciplines.

6 The database of papers was analysed to detect patterns in the literature. There were three  
7 aspects of the findings: the nature of the research and who conducted it, the gardens described  
8 in the literature, and the people involved in those gardens.

## 9 **Results**

### 10 *Characteristics of current literature on community gardens*

11 In this section, the nature of the authors, geographic and disciplinary scope and the methods  
12 used in the literature on community gardens are presented.

13 Authorship. Eighty seven academic papers on community gardens were published between  
14 1985 and 2011, the majority between 2000 and 2011 (Appendix 1). The research was  
15 predominantly about gardens in North America (66%), specifically the USA (57%) (Table 1).  
16 There was limited research from other North American countries, with few papers from  
17 Canada (6%), Cuba (2%) and Mexico (1%). There were a few studies from Europe (12%),  
18 Australia (13%), Africa (4%), Asia (2%), and South America (1%) as well as one paper  
19 examining community gardens across three countries (Philippines, Mexico and Zambia).  
20 Reflecting the geographic dominance of gardens in the USA, was a dominance of USA  
21 authors, with 61% of the 195 authors of community gardens studies being affiliated with US  
22 institutions. Other authors were predominantly from Australia (13%), the United Kingdom  
23 (9%) and Canada (9%). There were only three authors from South Africa, two authors each

1 from Singapore and Spain, and one each from Cuba, Mexico, Israel, Sweden and Portugal  
2 (Table 1).

3 ----INSERT TABLE 1----

4 Geographic scope. Research within the USA was predominantly in large east or west coast  
5 cities with most papers from New York (33%) (e.g. New York City, Rochester, New Jersey,  
6 Buffalo) and Californian (20%) (e.g. Los Angeles, San Francisco, Berkley, Sacramento),  
7 followed by cities in Michigan (8%) (e.g. Flint, Detroit) and, Colorado (8%) (Denver),  
8 Philadelphia (6%), St. Louis, Missouri (6%) and the remaining (19%) were from cities in  
9 Minnesota, North Carolina, Maryland, Illinois and Ohio (Fig. 1).

10 ----INSERT FIGURE 1----

11 Disciplinary scope. Reflecting the diverse interest in community gardens was the diversity of  
12 journals publishing papers on this topic (Appendix 1). These included journals in geography  
13 (28%), environment and planning (24%), society and culture (23%), health (12%), education  
14 (9%), economics (3%) and conservation biology (1%). The majority of the research in  
15 community gardens has examined social concerns such as social capital (Glover, 2004;  
16 Alaimo et al., 2010; Firth et al., 2011), gender roles (Parry et al., 2005) and quality of life  
17 (Waliczek et al., 1996) (52%) along with cultural issues such as cultural heritage  
18 (Barraclough, 2009) and food citizenship (Baker, 2004) (7%). Other topics were environment  
19 and planning (31%) health (25.3%), economics (16.1%), education (12.6%) and policy  
20 (12.6%). Only one paper was entirely based within the natural sciences; it examined bee  
21 richness and abundance in New York City community gardens (Matteson et al., 2008). There  
22 were however, nine papers predominantly examining social issues that also considered some  
23 elements of natural science, such as describing what was grown in the gardens, while the rest  
24 of the research focused solely on social sciences (Table 2).



1 ----INSERT TABLE 2----

2 Methods. Nearly all the research used qualitative data or a combination of qualitative and  
3 quantitative data, with only five studies using just quantitative data (Table 2). Researchers  
4 collected data using a wide range of social science methods including: interviews, surveys,  
5 text analysis, focus groups, case studies and participant observation (Table 2). Other methods  
6 that were less commonly used included: health assessments, personal journals, workshops  
7 and activity-oriented research. The only natural science methods used were bee collection,  
8 plant surveys and soil testing (Table 2). Data was mainly sourced from gardeners (e.g. via  
9 interviews and focus groups), although there were some studies that included information  
10 from garden managers, government agencies, other supporting organisations, police officers,  
11 park managers and local authorities.

#### 12 *Characteristics of community gardens*

13 Papers often assessed the characteristics of the gardens including: crops grown, groups  
14 involved, and land tenure. When papers specified what was grown in the gardens (86%), all  
15 of the gardens were used for growing food, food and flowers, or food and native vegetation  
16 (Table 2). (Further consideration of research on the kinds of foods grown in gardens is  
17 explored in the discussion section of this paper.) Where flowers were grown, they were  
18 cultivated mainly for beauty or organic gardening practices (e.g. marigolds for managing  
19 certain pests).

20 Most papers (63%) did not define what they meant by the term ‘community garden’. Perhaps  
21 the reason why papers readily use the term ‘community garden’ but did not define it, is  
22 because authors feel the term is self-explanatory. There is no standardized definition in the  
23 literature.

1 By far the most common groups operating community gardens were non profit organisations,  
2 including cultural and neighbourhood groups (82%) (Table 2). The next most common group  
3 were schools, with the remainder run by faith based organisations, hospitals, jails, women's  
4 or senior centres, housing complexes or residents who grew their vegetables for profit (Table  
5 2). For many gardens, more than one organisation was in charge and/or participated in the  
6 garden. Cultural diversity was a feature of the gardens, with most papers mentioning  
7 differences in cultural backgrounds (93%) and economic status (99%) among the people  
8 involved in the gardens (Table 2).

9 Most papers (67%) included information about land tenure, which was nearly always public,  
10 with only three papers examining entirely privately owned community gardens (Table 2).  
11 Several papers (15%) examined the impact on property values around the garden. They all  
12 found that there was an increase in property values for land surrounding the gardens, directly  
13 associated with the presence of the community garden (Table 2).

#### 14 *Motivations, benefits and challenges of community gardens*

15 The motivations of the gardeners and benefits of the gardens are often very similar. A  
16 motivation is the desire for achieving something while the benefit is actually achieving it. For  
17 this reason there are some overlaps in the terminology used for motivations and benefits.  
18 Nearly all the papers (86%) discussed the motivations of people involved in community  
19 gardens. A wide range of motivations occur both among and within papers (Table 2). The  
20 most common motivations reported were: to consume fresh foods, social development or  
21 cohesion such as community building and culture exchange, to improve health among  
22 members and to make or save money by eating from the garden or selling the produce (Table  
23 2). Other less common, but still important motivations, included: to educate, to enhance  
24 cultural practices, to access land, to enjoy nature, environmental sustainability and to enhance

1 spiritual practice. Most studies reported on the motivations of gardeners but some also  
2 discussed the motivations of project managers and institutions depending on who provided  
3 information.

4 The most common benefits of community gardening included: social development or  
5 cohesion, enhanced health, access to fresh foods, saving or making money, and education.  
6 Other benefits discussed included: reduced crime and increased safety, environmental  
7 sustainability, enhancing cultural heritage, life satisfaction, environmental equity and  
8 increased biodiversity (Table 3). All papers discussed between one and nine benefits (average  
9 3.7), however only half (56.3%) of the papers were able to demonstrate between one and six  
10 benefits (average 2.1).

11 ----INSERT TABLE 3----

12 The most commonly demonstrated benefits based on the conclusion of the authors of the  
13 papers were social benefits, such as community building/resilience and social interaction  
14 (keeping in mind that some benefits might be easier to demonstrate than others and/or  
15 requiring less complex methodologies). For example, improving nutrition by increasing fruit  
16 and vegetable intake was a benefit that was often mentioned in the literature but in some  
17 instances could not be demonstrated because of the complexity of evidence required in this  
18 field of study (Alaimo et al., 2008). There were often differences between the benefits  
19 mentioned and those demonstrated. For example, environmental equity and increased  
20 biodiversity were two benefits that were mentioned in papers but, they were seldom  
21 demonstrated. Environmental sustainability was similarly frequently mentioned in the  
22 literature but was only demonstrated twice (Stocker and Barnett, 1998; Holland, 2004).  
23 Holland (2004) for example, demonstrated how ‘wasteland’ or under-utilised spaces can be  
24 used to grow food, and how this type of community food production can be integrated with

1 bush regeneration as an example of environmental sustainability. Economic benefits such as  
2 saving or making money were highly discussed and demonstrated, however only three papers  
3 actually quantified the produce and its value (Blair et al., 1991; Patel, 1991; Pothukuchi,  
4 2004b).

5 Just over half of the published papers (55%) discussed challenges facing community gardens  
6 (Table 2). The most common challenge faced by USA gardeners was the insecurity of future  
7 land access. One fifth of the papers (19.2%) which discussed this issue reported negative  
8 results due to land tenure issues with gardens shutting down or likely to be demolished for  
9 development. However, issues such as soil contamination, lack of water, safety issues, and  
10 theft of tools and vegetables were of greater concern in other countries. Other issues included  
11 lack of funding, cultural difference issues, neighbourhood complaints, managing volunteers  
12 or volunteer drop off and lack of knowledge (Table 2).

13 Overall, three quarters (76%) of the articles presented positive outcomes from the gardens in  
14 each field of study. Papers that presented design tools or could not prove certain benefits or  
15 outcomes were classified as having neutral outcome (9%). Papers that found positive  
16 outcomes of community gardens but also found some negative results were classified as  
17 mixed outcome (9%) (e.g. Eizenberg (2011) compared two different models for managing the  
18 gardens and found one to be very effective and the other ineffective). Only five papers found  
19 negative outcomes of community gardens, and they were all related to insecure land tenure  
20 and gardens being demolished for future development (Table 4).

21 ---INSERT TABLE 4---

## 22 **Discussion**

1 The aims of this quantitative review were to document where research has been conducted,  
2 by whom, on what, using which methods, and what was found. This literature mapping-type  
3 approach, quantifying what has been studied and what has been found, is particularly useful  
4 for emerging and diverse areas of research such as community gardens. Using this method,  
5 generalisations about the literature can be identified, but so too can the limits of those  
6 generalisations: where they may not apply and why. Also by highlighting key gaps in the  
7 literature, it sets the agenda for future research.

### 8 *Community gardens literature is geographically limited*

9 There is detailed academic literature on community gardens in English language journals, but  
10 it is mostly about gardens in low income earning areas with different cultural backgrounds in  
11 industrial cities in the USA. There was limited research from other cities in the USA or from  
12 other industrialised English language countries such as Australia, Canada, United Kingdom,  
13 and New Zealand. There is even less research from non-English speaking countries (albeit  
14 that which has been reported in English-language journals), irrespective of whether those  
15 countries were highly industrialised or not.

16 Four explanations are possible: (1) that the review was limited to English language journals;  
17 (2) there are fewer community gardens outside the USA; (3) there are more academics  
18 conducting research in the USA compared to other countries; and (4) disciplinary  
19 predilections have led researchers to focus more on community gardens in dense poor areas  
20 of inner cities in the USA than gardens elsewhere. Reviewing non-English language journals  
21 could broaden what is presently a skewed representation of community gardens as it might  
22 highlight different issues. Some commentators contend that more than 75% of papers in  
23 social sciences and humanities and more than 90% in the natural sciences are written in  
24 English (Hamel, 2007), so it may be unlikely that including other languages would

1 dramatically alter the patterns found here. The second factor is improbable, with the  
2 geographic spread of the literature unlikely to reflect the real distribution of community  
3 gardens. For instance, the Australian City Farm and Community Gardens Network website  
4 lists 240 gardens (ACF&CGN, 2011), but only 13% of the papers were from Australia. In  
5 New Zealand a sustainable living magazine (Good, New Zealand's Guide to Sustainable  
6 Living) listed more than 50 community gardens (Good, 2011), but no research papers on  
7 gardens in New Zealand were found when searching the scholarly databases. For these  
8 reasons, the two latter factors are most likely to affect the geographical limit of the  
9 community gardens literature.

10 The dominance of the research in community gardens by USA academics is likely to reflect  
11 the general dominance of research by the USA, as is often found in reviews comparing the  
12 numbers of papers and citations by different countries (King, 2004). The focus of USA  
13 academics upon principally dense poor areas of inner cities reflects socio political interest  
14 about the context in which these community gardens developed.

#### 15 *Community gardens literature is diverse*

16 In contrast to the narrow geographical spread of research on community gardens, is a  
17 diversity of journals and research. This diversity is likely to reflect the inherent diversity in  
18 the motivations, benefits and limitations of community gardens. For example, researchers in  
19 health science may look at community gardens to see if they improve health by improving the  
20 diet of gardeners and others (Blair et al., 1991; Somerset et al., 2005; Alaimo et al., 2008;  
21 Mundel and Chapman, 2010; Van Den Berg et al., 2010), by increased exercise (Austin et al.,  
22 2006; Wakefield et al., 2007; Teig et al., 2009), and/or by improving mental health by  
23 involvement in nature (Kaplan, 1973; Armstrong, 2000; Milligan et al., 2004). Research has  
24 examined the educational benefits of community gardens including for science, nutrition and

1 environmental education (Krasny and Doyle, 2002; Corkery, 2004; Graham et al., 2005).  
2 This is a major reason that educational organisations including schools have community  
3 gardens. Researchers have examined the economic benefits of community gardens in terms of  
4 their effect on adjacent property values (Voicu and Been, 2008), savings gained from  
5 accessing food from community garden (Schmelzkopf, 1996; Moskow, 1999) or the potential  
6 for other types of poverty alleviation (Hanna and Oh, 2000).

### 7 *Current research reflects USA socio-political context*

8 Due to the geographical dominance of USA researchers in this literature, it is important to  
9 consider how historical and social factors associated with the development of USA cities (e.g.  
10 New York and Los Angeles) may limit the capacity to apply their results more generally.  
11 Community gardening in the USA can be seen as a socialistic enterprise reflecting  
12 communitarian values. The social context in which USA community gardens have developed  
13 is arguably different to other countries (Ganapati, 2008; Emmett, 2011). For example, agri-  
14 business dominates food production in the USA influencing how and why community  
15 gardens are established (Pollan, 2007). In a country where food is mostly from large  
16 corporations, community gardens may be viewed by some as a means to reconnect people  
17 with clean and safe food sources (Ferris et al., 2001; Twiss et al., 2003). The literature  
18 strongly shows that a primary motivation of gardeners, managers and others was to produce  
19 fresh foods in a context of social interaction, community building and welfare (Hanna and  
20 Oh, 2000; Baker, 2004; Holland, 2004). This is different to socialist countries like Cuba,  
21 where oil vulnerability has meant the primary motivation underpinning urban gardens is food  
22 production, and where agricultural practices have been forced to rely upon biological control  
23 of pests and diseases rather than expensive pesticides and herbicides (Altieri et al., 1999;  
24 Chaplowe, 1998).

1 Research also shows that land in the USA cities for community gardens is scarce.  
2 Consequently the main challenge faced by community gardeners in the USA has been  
3 security of tenure. Most community garden land in the USA has been government-owned.  
4 Leases have typically been no more than five years in duration, creating insecurity for  
5 gardeners (Schmelzkopf, 2002; Staeheli et al., 2002; Barraclough, 2009). Further the positive  
6 impact of community gardens on neighbourhood property values has created a conundrum in  
7 the USA. Rising property values have eventually forced out many community gardens  
8 (Armstrong, 2000; Voicu and Been, 2008). This issue is especially prevalent in low income  
9 neighbourhoods in New York City (Schmelzkopf, 2002; Staeheli et al., 2002; Smith and  
10 Kurtz, 2003; Martinez, 2009) and Los Angeles (Barraclough, 2009) where up to 400  
11 community gardens have been closed for redevelopment. Property dynamics and property  
12 rights thus play a major role in shaping USA community gardens The question is do  
13 community gardens in other countries experience similar issues, and if they do, what impact  
14 is this having on agro-biodiversity?

15

### 16 *Future Directions*

17 An obvious focus for future research is to increase the geographical scope of research to  
18 include more gardens outside the industrialized cities of the USA. This will give a richer  
19 context to our understanding of community gardens, including potentially identifying  
20 differences in motivations, benefits and challenges to those found in the USA. This is  
21 particularly likely given that the social and political context of gardens in USA conurbations  
22 such as Boston-Washington or Southern California are likely to differ to those for community  
23 gardens in other major metropolitan areas (e.g. Tokyo in Japan, Cairo in Egypt, Sao Paulo in  
24 Brazil, Delhi and Mumbai in India, Shanghai in China, and Jakarta in Indonesia). The



1 contexts in which community gardens exist are also likely to differ substantially between the  
2 large old industrial cities of the USA and other smaller and/or wealthy locations in the USA  
3 and elsewhere (e.g. settler societies such as Australia, New Zealand and Canada). More  
4 geographically diverse research is needed including comparative studies of gardens in  
5 different social and political contexts, before we can obtain a more accurate assessment of the  
6 characteristics, motivations, benefits and challenges for community gardens globally. In turn,  
7 more research is also needed about the ‘political ecology’ of community gardens (Heynen et  
8 al., 2006). In other words, how do the social and political conditions surrounding community  
9 garden formation and continuity over time impact agro-biodiversity specifically and  
10 biodiversity generally?

11 This review has demonstrated that despite the diversity of journals that have published  
12 research on community gardens, and the range of topics examined by scholars, important  
13 gaps remain, particularly in the natural sciences. Two important issues in the natural sciences  
14 are about agro-biodiversity (*what* gardens grow) and the sustainability of gardening practices  
15 (*how* people grow food in community gardens). Chappell and LaValle (2011: 3) for example,  
16 assert that empirical research shows an: ‘interdependence of biodiversity and agriculture, and  
17 the important role each plays in the maintenance of the other’. Although community gardens  
18 are likely to have important biodiversity benefits (Irvine et al., 1999; Buckingham, 2005),  
19 there has been limited research on this topic. Only one out of the 87 papers assessed in this  
20 review was principally focused on biodiversity and then it was about bee richness (Matteson  
21 et al., 2008). A political ecology analysis may go some way to filling this knowledge gap.  
22 Political ecology is an analytical frame that explores how the intersection of social and  
23 ecological factors can impact environmental outcomes such as urban biodiversity (Heynen et  
24 al., 2006).

1 Eight predominantly social science papers have examined some aspects of biodiversity in  
2 community gardens, mostly agro-biodiversity such as the types of crops grown in the gardens  
3 (Wade, 1987; Corlett et al., 2003; Baker, 2004; Saldivar-Tanaka and Krasny, 2004; Mundel  
4 and Chapman, 2010; Corrigan, 2011) and species richness of gardening plots (Blair et al.,  
5 1991). Crops grown in different community gardens in Mexico City, Quezon City,  
6 Philippines, Lusaka and Zambia (Wade, 1987) and Maryland (Corrigan, 2011) have been  
7 examined. Foods from other nations were considered in Chinese, African, Caribbean and Sri  
8 Lankan community gardens in Toronto (Baker, 2004), Hmong community gardens in  
9 California (Corlett et al., 2003), and Latino community gardens in New York (Saldivar-  
10 Tanaka and Krasny, 2004). Traditional medicinal herbs and plants grown in an Aboriginal  
11 community garden in Vancouver were also studied (Mundel and Chapman, 2010). Yet no  
12 studies have systematically investigated how these different types of plants were grown,  
13 what factors affected the diversity of plants grown (type of organisation, motivation,  
14 gardening practices, age, size, etc.) and how might have crop choices and gardening practices  
15 interacted to configure biodiversity within community gardens? This is a startling oversight.

16 With global declines in agro-biodiversity (Fowler and Mooney, 1990; FAO, 1995), and  
17 increasing concerns about food security, community gardens may have an important role in  
18 maintaining *in situ* dynamic stores of food plants (Chappell and LaValle, 2011). Increases in  
19 industrial agriculture practices globally is contributing to a reduction in the diversity of plants  
20 used for food and agriculture (e.g. agro-biodiversity including cultivars, landraces, ecotypes,  
21 weedy races and wild relatives) (Wood and Lenne, 1997; Galluzzi et al., 2010). For example,  
22 high levels of inter- and intra-specific plant genetic diversity, especially in terms of  
23 traditional crop varieties and landraces, are preserved in home gardens (Galluzzi et al., 2010),  
24 but there is limited equivalent information for community gardens. Maintaining agro-  
25 biodiversity is crucial for global food production, food security and pest management (Dong

1 et al., 2010). Studies could examine issues to do with agro-biodiversity including how seed is  
2 sourced, how diverse are the gardens and what factors contribute to food diversity in  
3 community gardens. Some of these issues have been examined for home gardens, (Tringh et  
4 al., 2003; Negri and Polegri, 2009; Galluzzi et al., 2010) and similar methodologies could be  
5 adopted for future research on community gardens.

6 Correspondingly, how people garden is likely to influence the success of the gardens in terms  
7 of sustainability, health, education and social cohesion which were common motivations  
8 listed in the literature for those establishing and participating in community gardens. The  
9 different ways in which community gardeners add nutrients to the soil (e.g. using fertilizers  
10 versus compost), control pests (e.g. using pesticides versus companion planting and/or crop  
11 rotation) and use existing resources (e.g. tap water versus collecting rain water in tanks) can  
12 affect the environmental sustainability of a garden. This issue however has not been  
13 examined in the community garden literature, although, some of these issues have been  
14 investigated in urban agriculture and home gardens (Chappell and LaValle, 2011;  
15 WinklerPrins, 2002; Kortright and Wakefield, 2009).

16 Urban agricultural practices including home gardening are also beneficial responses to  
17 climate change related food insecurity (Dixon et al., 2009) and community resilience (Okvat  
18 and Zautra, 2011). Given the insecurity of tenure in the USA – and perhaps elsewhere – how  
19 useful can community gardens be for community resilience and food security? Future  
20 research on this topic is vital.

## 21 **Conclusion**

22 There are increasing numbers of urban community gardens across the globe. Reflecting this is  
23 an expanding academic literature on these gardens, published in a wide range of journals, and  
24 covering a diversity of topics. Current research is disproportionately focused on gardens in low

1 income areas, upon gardeners with different cultural backgrounds, and in industrial cities in  
2 the USA, potentially biasing our understanding of the characteristics of the gardens, and their  
3 motivations, benefits and limitations. We need to know more about who gardens and why as  
4 much as how they garden. Future research should therefore assess a greater geographical  
5 spread of gardens, and include more natural science including examining gardening practices  
6 and agro-biodiversity conservation. Community gardens research needs to be about more  
7 than just the social aspects of community gardens in poor areas, in the industrialised cities of  
8 the USA. Clearly researchers have only touched upon a small fraction of the potentially scope  
9 of community garden research, and the future for community gardens research looks very  
10 promising.

11

1 **Appendix 1.** Details of 87 papers examining urban community gardens.

Authors (year)	Journal	Location
<b>AFRICA</b>		
Flynn (2001)	Africa	Tanzania, Kenya, Zambia, Zimbabwe & Ghana, Africa
Karaan and Mohamed (1998)	Development Southern Africa	Cape Town, South Africa
Wills et al. (2009)	Health Promotion International	Johannesburg, South Africa
<b>AUSTRALIA</b>		
Beilin and Hunter (2011)	Local Environment	Melbourne & Sydney
Cameron et al.(2011)	Local Environment	Newcastle
Corkery (2004)	Australian Journal of Environmental Education	Sydney
Evers (2011)	Local Environment	Perth
Freestone and Nichols (2004)	Landscape and Urban Planning	Melbourne & Sydney
Henryks (2011)	Local Environment	Canberra
Kingsley and Townsend (2006)	Urban Policy and Research	Melbourne
Kingsley et al.(2009)	Leisure Studies	Melbourne
Perkins and Lynn (2000)	Women Against Violence	Townsville
Somerset et al. (2005)	Journal of the Home Economics Institute of Australia	Brisbane
Stocker and Barnett (1998)	Local Environment	Fremantle
Turner (2011)	Local Environment	Canberra
<b>ASIA</b>		
Tan and Neo (2009)	Local Environment	Singapore
<b>EUROPE</b>		
Buckingham (2005)	Area	West London, UK
Crouch (2000)	Acta Horticulturae	UK
DeSilvey (2003)	Cultural Geographies	Edinburgh, UK
Domene and Sauri (2007)	Geoforum	Terrassa, Barcelona, Spain
Firth et al. (2011)	Local Environment	Nottingham, UK
Holland (2004)	Local Environment	UK
Howe and Wheeler (1999)	Sustainable Development	Leeds & Bradford, UK
Klein (1993)	Journal of Folklore and Research	Sweden
Martin and Marsden (1999)	International Planning Studies	UK
Milligan et al. (2004)	Social Science & Medicine	Carlisle, UK
Van Den Berg et al. (2010)	Environmental Health	Netherlands
<b>NORTH AMERICA - USA</b>		
Alaimo et al. (2010)	Journal of Community Psychology	Flint
Alaimo et al. (2008)	Journal of Nutrition Education and Behavior	Flint
Allen et al. (2008)	Journal of Hunger and Nutrition	Flint
Armstrong (2000)	Health & Place	New York
Austin et al. (2006)	Therapeutic Recreation Journal	New York

Barraclough (2009)	The Profesional Geographer	Los Angeles
Blair et al. (1991)	Journal of Nutrition Education	Philadelphia
Comstock et al. (2010)	Journal of Environmental Psychology	Denver
Corlett et al. (2003)	Economic Botany	Sacramento
Corrigan (2011)	Applied Geography	Baltimore
D Abundo and Carden (2008)	Journal of the Community Development Society	North Carolina
DeKay (1997)	Journal of Architectural and Planning Research	USA
Doyle and Krasny (2003)	Environmental Education Research	New York
Eizenberg (2011)	International Journal of Urban and Regional Research	New York
Ferris et al. (2001)	Social Policy & Administration	San Francisco
Francis (1987)	Landscape Journal	Sacramento
Fusco (2001)	Journal of Research in Science Teaching	New York
Glover (2003)	Journal of Leisure Research	USA
Glover (2004)	Leisure Sciences	USA
Glover et al. (2005)	Leisure Sciences	St Louis
Graham et al. (2005)	Journal of Nutrition Education and Behaviour	California
Hale et al. (2011)	Social Science & Medicine	Denver
Hanna and Oh (2000)	Bulletin of Science, Technology & Society	West Philadelphia
Jamison (1985)	The Sociological Quarterly	USA
Krasny and Doyle (2002)	Journal of Extension	Allentown, Philadelphia, Baltimore, Maryland, New York, Buffalo & Rochester
Krasny and Tidball (2009)	Cities and the Environment	USA
Kurtz (2001)	Urban Geography	Minneapolis
Lautenschlager and Smith (2007)	Agriculture and Human Values	Minneapolis & St Paul
Lawson (2004)	Journal of Planning History	USA
Litt et al. (2011)	American Journal of Public Health	Denver
Martinez (2009)	Social Movements Studies	New York
Matteson et al. (2008)	Conservation Biology and Biodiversity	New York
Moore (2006)	Urban Geography	Columbus
Morris et al. (2001)	California Agriculture	California
Morris and Zidenberg-Cherr (2002)	The American Dietetic Association	California
Palamar (2010)	Nature and Culture	New York
Parry et al. (2005)	Leisure Studies	St Louis
Patel (1991)	Journal of Extension	Newark
Pothukuchi (2004a)	Children, Youth and Environments	SW Detroit
Pudup (2008)	Geoforum	Berkley & San Francisco
Saldivar-Tanaka and Krasny (2004)	Agriculture and Human Values	New York
Salvadori (2001)	Local Environment	Oakland
Schmelzkopf (1996)	The Geographical Review	New York
Schmelzkopf (2002)	Urban Geography	New York

Shinew et al. (2004)	Journal of Leisure Research	St Louis
Smith and Kurtz (2003)	Geographical Review	New York
Staeheli et al. (2002)	Geo Journal	New York
Teig et al. (2009)	Health & Place	Denver
Voicu and Been (2008)	Real Estate Economics	New York
Waliczek et al. (1996)	Journal of Environmental Horticulture	New York & Los Angeles
Witzling et al. (2011)	Journal of Agriculture, Food Systems & Community Development	Chicago
NORTH AMERICA - CANADA		
Baker (2004)	Geographical Review	Toronto
Irvine et al. (1999)	Local Environment	Toronto
LaBonté (1986)	Health Promotion	Toronto
Mundel and Chapman (2010)	Health Promotion International	Vancouver
Wakefield et al. (2007)	Health Promotion International	Toronto
NORTH AMERICA - OTHER		
Altieri et al. (1999)	Agriculture and Human Values	Havana, Cuba
Moskow (1999)	Environment & Urbanization	Havana, Cuba
SOUTH AMERICA		
Madaleno (2000)	Cities	Belem, Brazil
OTHER		
Wade (1987)	Food and Nutrition Bulletin	Philippines, Zambia and Mexico

1

## 2 References

- 3 ACF&CGN, 2011. Australian City Farms & Community Garden Network. Locate a garden.  
4 Retrieved 10/3/11 from <http://communitygarden.org.au/>.
- 5 Alaimo, K., Packnett, E., Miles, R., Kruger, D., 2008. Fruit and vegetable intake among  
6 urban community gardeners. *Journal of Nutrition Education & Behaviour* 40, 94-101.
- 7 Alaimo, K., Reischl, T. M., Allen, J. O., 2010. Community gardening, neighbourhood  
8 meetings, and social capital. *Journal of Community Psychology* 38, 497-514.
- 9 Allen, J. O., Alaimo, K., Elam, D., Perry, E., 2008. Growing vegetables and values: benefits  
10 of neighbourhood-based community gardens for youth development and nutrition. *Journal*  
11 *of Hunger & Environmental Nutrition* 34, 418-439.
- 12 Altieri, M. A., Companioni, N., Cañizares, K., Murphy, C., Rosset, P., Bourque, M.,  
13 Nicholls, C. I., 1999. The greening of the 'barrios': Urban agriculture for food security in  
14 Cuba. *Agriculture & Human Values* 16, 131-140.
- 15 Armstrong, D., 2000. A survey of community gardens in upstate New York: implications for  
16 health promotion and community development. *Health & Place* 6, 319-327.
- 17 Austin, E., Johnston, Y., Morgan, L., 2006. Community gardening in a senior centre: a  
18 therapeutic intervention to improve the health of older adults. *Therapeutic Recreation*  
19 *Journal* 40, 48-56.
- 20 Baker, L., 2004. Tending cultural landscapes and food citizenship in Toronto's community  
21 gardens. *Geographical Review* 94, 305-325.

- 1 Barraclough, L., 2009. South Central Farmers and Shadow Hills homeowners: land use  
2 policy and relational racialization in Los Angeles. *The Professional Geographer* 61, 164-  
3 186.
- 4 Beilin, R., Hunter, A., 2011. Co-constructing the sustainable city: how indicators help us  
5 'grow' more than just food in community gardens. *Local Environment* 16, 523-538.
- 6 Bharwani, S., Bithell, M., Downing, T. E., New, M., Washington, R., Ziervogel, G., 2005.  
7 Multi-agent modelling of climate outlooks and food security on a community garden  
8 scheme in Limpopo, South Africa. *Philosophical Transactions of the Royal Society* 360,  
9 2183-2194.
- 10 Blair, D., Giesecke, C., Sherman, S., 1991. A dietary, social and economic evaluation of the  
11 Philadelphia urban gardening project. *The Journal of Nutrition Education* 23, 161-167.
- 12 Bodel, N., Anda, M., 1996. Community gardens: places for food production, places for  
13 people, in *International Permaculture Convergence VI*, Perth, Western Australia.
- 14 Borrelli, D. A., 2008. Filling the void: applying a place-based ethic to community gardens.  
15 *Vermont Journal of Environmental Law* 9, 271-277.
- 16 Buckingham, S., 2005. Women (re) construct the plot: the regen (d) eration of urban food  
17 growing. *Area* 37, 171-179.
- 18 Cameron, J., Manhood, C., Pomfrett, J., 2011. Bodily learning for a (climate) changing  
19 world: registering differences through performative and collective research. *Local*  
20 *Environment* 16, 493-508.
- 21 Campbell, M., 2004. Building a common table: the role for planning in community food  
22 systems. *Journal of Planning Education & Research*, 341-355.
- 23 Chaplowe, S.G., 1998. Havana's popular gardens: sustainable prospects for urban agriculture.  
24 *The Environmentalist* 18, 47-57.
- 25 Chappell, M.J., LaValle, L.A., 2011. Food security and biodiversity: can we have both? An  
26 agro ecological analysis. *Agriculture & Human Values* 28, 3-26.
- 27 Clement, M., 2010. Urbanization and the natural environment: An environmental sociological  
28 review and synthesis. *Organization & Environment* 23, 291.
- 29 Collins, J. A., Fauser, B. C. J. M., 2005. Balancing the strengths of systematic and narrative  
30 reviews. *Human Reproductive Update* 11, 103-104.
- 31 Comstock, N., Miriam Dickinson, L., Marshall, J. A., Soobader, M. J., Turbin, M. S.,  
32 Buchenau, M., Litt, J. S., 2010. Neighbourhood attachment and its correlates: exploring  
33 neighbourhood conditions, collective efficacy, and gardening. *Journal of Environmental*  
34 *Psychology* 30, 435-442.
- 35 Corkery, L., 2004. Community gardens as a platform for education for sustainability.  
36 *Australian Journal of Environmental Education* 20, 61-75.
- 37 Corlett, J., Dean, E., Grivetti, L., 2003. Hmong gardens: botanical diversity in an urban  
38 setting. *Economic Botany* 57, 365-379.
- 39 Corrigan, M. P., 2011. Growing what you eat: developing community gardens in Baltimore,  
40 Maryland. *Applied Geography* 31, 1232-1241.
- 41 Crouch, D., 2000. Reinventing allotments for the twenty-first century: the UK experience.  
42 *Acta Hort* 523, 135-142.
- 43 D Abundo, M., Carden, A., 2008. 'Growing Wellness': the possibility of promoting  
44 collective wellness through community garden education programs. *Community*  
45 *Development* 39, 83-94.
- 46 DeKay, M., 1997. The implications of community gardening for land use and density. *Journal*  
47 *of Architectural & Planning Research* 14, 126-149.
- 48 DeSilvey, C., 2003. Cultivated histories in a Scottish allotment garden. *Cultural Geographies*  
49 10, 442-468.



- 1 Dixon, J., Donati, K., Pike, L., Hattersley, L., 2009. Functional foods and urban agriculture:  
2 two responses to climate change-related food insecurity. *New South Wales Public Health*  
3 *Bulletin* 20, 14-18.
- 4 Domene, E., Sauri, D., 2007. Urbanization and class-produced natures: vegetable gardens in  
5 the Barcelona Metropolitan Region. *Geoforum* 38, 287-298.
- 6 Dong, G., Xia-Hong, H., You-Yong, Z., 2010. Review of advances in mechanisms of  
7 sustainable management of pests by agro-biodiversity. *Chinese Journal of Plant Ecology*  
8 34, 1107-1116.
- 9 Doyle, R., Krasny, M., 2003. Participatory rural appraisal as an approach to environmental  
10 education in urban community gardens. *Environmental Education Research* 9, 91-115.
- 11 Dunn, A. D., 2010. Sitting green infrastructure: legal and policy solutions to alleviate urban  
12 poverty and promote healthy communities. *Environmental Affairs* 37, 41-66.
- 13 Dunton, G.F, Kaplan, J., Wolch, J., Jerrett, M., Reynolds, K.D., 2009. Physical  
14 environmental correlates of childhood obesity: a systematic review. *Obesity Reviews* 10,  
15 393-402.
- 16 Eizenberg, E., 2011. The changing meaning of community space: two models of NGO  
17 management of community gardens in New York City. *International Journal of Urban &*  
18 *Regional Research* 36, 106-120.
- 19 Emmett, R., 2011. Community gardens, ghetto pastoral, and environmental justice.  
20 *Interdisciplinary Studies in Literature & Environment*, 1-20.
- 21 Evers, A., 2011. Food choices and local food access among Perth's community gardeners.  
22 *Local Environment* 16, 585-602.
- 23 Ferris, J., Norman, C., Sempik, J., 2001. People, land and sustainability: community gardens  
24 and the social dimension of sustainable development. *Social Policy & Administration* 35,  
25 559-568.
- 26 Firth, C., Maye, D., Pearson, D., 2011. Developing 'community' in community gardens.  
27 *Local Environment* 16, 555-568.
- 28 Flynn, K. C., 2001. Urban agriculture in Mwanza, Tanzania. *Africa* 71, 666-691.
- 29 Food and Agriculture Organization, 1995. Staple foods: What do people eat? in *FAO*  
30 *Corporate Document Repository*. Retrieved 5/4/11, from  
31 <[www.fao.org/docrep/u8480e/u8480e07.htm](http://www.fao.org/docrep/u8480e/u8480e07.htm)>.
- 32 Fowler, C., Mooney, P., 1990. Shattering: food, politics, and the loss of genetic diversity  
33 (University of Arizona Press, Tucson).
- 34 Francis, M., 1987. Some different meanings attached to a city park and community gardens.  
35 *Landscape Journal* 6, 101-112.
- 36 Freestone, R., Nichols, D., 2004. Realising new leisure opportunities for old urban parks: the  
37 internal reserve in Australia. *Landscape & Urban Planning* 68, 109-120.
- 38 Freidberg, S. E., 2001. Gardening on the edge: the social conditions of unsustainability on an  
39 African urban periphery. *Annals of the Association of American Geographers* 91, 349-  
40 369.
- 41 Fusco, D., 2001. Creating relevant science through urban planning and gardening. *Journal of*  
42 *Research in Science Teaching* 38, 860-877.
- 43 Galluzzi, G., Eyzaguirre, P., Negri, V., 2010. Home gardens: neglected hotspots of agro-  
44 biodiversity and cultural diversity. *Biodiversity & Conservation* 19, 3635-3654.
- 45 Ganapati, S., 2008. Critical appraisal of three ideas for community development in the United  
46 States. *Journal of Planning Education & Research* 27, 382-399.
- 47 Gentin, S., 2011. Outdoor recreation and ethnicity in Europe - A review. *Urban Forestry &*  
48 *Urban Greening* 10, 153-161.

- 1 Ghosh, S., Vale, R., Vale, B., 2008. Local food production in home gardens: measuring on-  
2 site sustainability potential of residential development. *International Journal of*  
3 *Environment & Sustainable Development* 7, 430-451.
- 4 Glover, T., 2003. The story of the Queen Anne Memorial Garden: resisting a dominant  
5 cultural narrative. *Journal of Leisure Research* 35, 190-213.
- 6 Glover, T., 2004. Social capital in the lived experiences of community gardeners. *Leisure*  
7 *Sciences* 26, 143-162.
- 8 Glover, T., Shinew, K., Parry, D., 2005. Association, sociability, and civic culture: the  
9 democratic effect of community gardening. *Leisure Sciences* 27, 75-92.
- 10 Good, 2011. Community Gardens in New Zealand. Retrieved 21/3/11 from  
11 <http://good.net.nz/magazine/community-gardens>.
- 12 Graham, H., Beall, D. L., Lussier, M., McLaughlin, P., Zidenberg-Cherr, S., 2005. Use of  
13 school gardens in academic instruction. *Journal of Nutrition Education & Behavior* 37,  
14 147-151.
- 15 Hale, J., Knapp, C., Bardwell, L., Buchenau, M., Marshall, J., Sancar, F., Litt, J. S., 2011.  
16 Connecting food environments and health through the relational nature of aesthetics:  
17 gaining insight through the community gardening experience. *Social Science & Medicine*  
18 72, 1853-1863.
- 19 Hamel, E., 2007. The dominance of English in the international scientific periodical literature  
20 and the future of language use in science. *AILA Review* 20, 53-71.
- 21 Hanna, A., Oh, P., 2000. Rethinking urban poverty: a look at community gardens. *Bulletin of*  
22 *Science, Technology & Society* 20, 207-216.
- 23 Head, L., Muir, P., Hampel, E., 2004. Australian backyard gardens and the journey of  
24 migration. *Geographical Review* 94, 326-347.
- 25 Henryks, J., 2011. Changing the menu: rediscovering ingredients for a successful volunteer  
26 experience in school kitchen gardens. *Local Environment* 16, 569-583.
- 27 Heynen, N., Perkins, H.A., Roy, P., 2006. The political ecology of uneven urban green space:  
28 the impact of political economy on race and ethnicity in producing environmental  
29 inequality in Milwaukee. *Urban Affairs Review* 42, 3-25.
- 30 Holland, L., 2004. Diversity and connections in community gardens: a contribution to local  
31 sustainability. *Local Environment* 9, 285-305.
- 32 Howe, J., Wheeler, P., 1999. Urban food growing: the experience of two UK cities.  
33 *Sustainable Development* 7, 13-24.
- 34 Irazabal, C., Punja, A., 2009. Cultivating just planning and legal institutions: a critical  
35 assessment of the South Central Farm struggle in Los Angeles. *Journal of Urban Affairs*  
36 31, 1-23.
- 37 Irvine, S., Johnson, L., Peters, K., 1999. Community gardens and sustainable land use  
38 planning: a case-study of the Alex Wilson Community Garden. *Local Environment* 4, 33-  
39 46.
- 40 Jamison, M., 1985. The joys of gardening: collectivist and bureaucratic cultures in conflict.  
41 *Sociological Quarterly* 26, 473-490.
- 42 Kaplan, R., 1973. Some psychological benefits of gardening. *Environment & Behaviour* 5,  
43 145-162.
- 44 Karaan, A., Mohamed, N., 1998. The performance and support of food gardens in some  
45 townships of the Cape Metropolitan area: an evaluation of Abalimi Bezekhaya.  
46 *Development Southern Africa* 15, 67-83.
- 47 King, D. A., 2004. The scientific impact of nations. *Nature* 430, 311-316.
- 48 Kingsley, J., Townsend, M., 2006. 'Dig in' to social capital: community gardens as  
49 mechanisms for growing urban social connectedness. *Urban Policy & Research* 24, 525-  
50 537.

- 1 Kingsley, J., Townsend, M., Henderson-Wilson, C., 2009. Cultivating health and wellbeing:  
2 members' perceptions of the health benefits of a Port Melbourne community garden.  
3 *Leisure Studies* 28, 207-219.
- 4 Klein, B., 1993. Fences, fertilizers, and foreigners: moral dilemmas in the Swedish cultural  
5 landscape. *Journal of Folklore Research* 30, 45-59.
- 6 Kortright, R., Wakefield, S., 2009. Edible backyards: a qualitative study of household food  
7 growing and its contributions to food security. *Agriculture & Human Values*, 1-15.
- 8 Krasny, M., Doyle, R., 2002. Participatory approaches to program development and engaging  
9 youth in research: the case of an inter-generational urban community gardening program.  
10 *Journal of Extension* 40, 1-21.
- 11 Krasny, M., Tidball, K., 2009. Community gardens as contexts for science, stewardship, and  
12 civic action learning. *Cities & the Environment* 2, 8.
- 13 Kurtz, H., 2001. Differentiating multiple meanings of garden and community. *Urban*  
14 *Geography* 22, 656-670.
- 15 LaBonté, R., 1986. Social inequality and healthy public policy. *Health Promotion*  
16 *International* 1, 341-351.
- 17 Lautenschlager, L., Smith, C., 2007. Beliefs, knowledge, and values held by inner-city youth  
18 about gardening, nutrition, and cooking. *Agriculture & Human Values* 24, 245-258.
- 19 Lawson, L., 2004. The planner in the garden: a historical view into the relationship between  
20 planning and community gardens. *Journal of Planning History* 3, 151-176.
- 21 Litt, J. S., Soobader, M. J., Turbin, M. S., Hale, J. W., Buchenau, M., Marshall, J. A., 2011.  
22 The Influence of social involvement, neighbourhood aesthetics, and community garden  
23 participation on fruit and vegetable consumption. *American Journal of Public Health* 101,  
24 1466.
- 25 Madaleno, I., 2000. Urban agriculture in Belém, Brazil. *Cities* 17, 73-77.
- 26 Martin, R., Marsden, T., 1999. Food for urban spaces: the development of urban food  
27 production in England and Wales. *International Planning Studies* 4, 389-412.
- 28 Martinez, M., 2009. Attack of the butterfly spirits: the impact of movement framing by  
29 community garden preservation activists. *Social Movement Studies* 8, 323-339.
- 30 Matteson, K., Ascher, J., Langellotto, G., 2008. Bee richness and abundance in New York  
31 City urban gardens. *Annals of the Entomological Society of America* 101, 140-150.
- 32 Milligan, C., Gatrell, A., Bingley, A., 2004. Cultivating health: therapeutic landscapes and  
33 older people in Northern England. *Social Science & Medicine* 58, 1781-1793.
- 34 Moore, S., 2006. Forgotten roots of the green city: subsistence gardening in Columbus, Ohio,  
35 1900-1940. *Urban Geography* 27, 174-192.
- 36 Morris, J., Neustadter, A., Zidenberg-Cherr, S., 2001. First-grade gardeners more likely to  
37 taste vegetables. *California Agriculture* 55, 43-46.
- 38 Morris, J., Zidenberg-Cherr, S., 2002. Garden-enhanced nutrition curriculum improves  
39 fourth-grade school children's knowledge of nutrition and preferences for some vegetables.  
40 *Journal of the American Dietetic Association* 102, 91-93.
- 41 Moskow, A., 1999. Havana's self-provision gardens. *Environment & Urbanization* 11, 127-  
42 134.
- 43 Mundel, E., Chapman, G. E., 2010. A decolonizing approach to health promotion in Canada:  
44 the case of the Urban Aboriginal Community Kitchen Garden Project. *Health Promotion*  
45 *International* 25, 166.
- 46 Negri, V., Polegri, L., 2009. Genetic diversity in home gardens in Umbria: a cowpea case  
47 study, in *Proceedings of a workshop on crop genetic resources in European home gardens*.  
48 *Biodiversity International*, Rome, 55-61.
- 49 Nettle, C., 2010. Community gardening: An annotated bibliography. *Australian City Farms*  
50 *and Community Garden Network*, 1-48.

- 1 Ogilvie, D., Egan, M., Hamilton, V., Petticrew, M., 2004. Promoting walking and cycling as  
2 an alternative to using cars: systematic review. *British Medical Journal* 329, 763-766.
- 3 Okvat, H. A., Zautra, A. J., 2011. Community gardening: a parsimonious path to individual,  
4 community, and environmental resilience. *American Journal of Community Psychology*,  
5 1-14.
- 6 Palamar, C., 2010. From the ground up: why urban ecological restoration needs  
7 environmental justice. *Nature & Culture* 5, 277-298.
- 8 Parry, D., Glover, T., Shinew, K., 2005. 'Mary, Mary quite contrary, how does your garden  
9 grow?' Examining gender roles and relations in community gardens. *Leisure Studies* 24,  
10 177-192.
- 11 Patel, I., 1991. Gardening's socioeconomic impacts. *Journal of Extension* 29, 7-8.
- 12 Perkins, S., Lynn, R., 2000. A women's community garden: a small step towards a future of  
13 peace? *Women Against Violence Journal* 9, 74-83.
- 14 Petticrew, M., 2001. Systematic reviews from astronomy to zoology: myths and  
15 misconceptions. *British Medical Journal* 322, 98-101.
- 16 Petticrew, M., Roberts, H., 2005. *Systematic Reviews in the Social Sciences: A Practical*  
17 *Guide* (Blackwell, Malden Ma).
- 18 Pollan, M., 2007. *The omnivore's dilemma* (Penguin, New York).
- 19 Pothukuchi, K., 2004a. Community food assessment. *Journal of Planning Education &*  
20 *Research* 23, 356-377.
- 21 Pothukuchi, K., 2004b. Hortaliza: a youth 'nutrition garden' in southwest Detroit. *Children,*  
22 *Youth & Environments* 14, 124-155.
- 23 Pudup, M., 2008. It takes a garden: cultivating citizen-subjects in organized garden projects.  
24 *Geoforum* 39, 1228-1240.
- 25 Saldivar-Tanaka, L., Krasny, M., 2004. Culturing community development, neighbourhood  
26 open space, and civic agriculture: The case of Latino community gardens in New York  
27 City. *Agriculture & Human Values* 21, 399-412.
- 28 Salvadori, I., 2001. 'Remove a Fence, Invite Chaos': children as active agents of change.  
29 *Local Environment* 6, 87-91.
- 30 Schmelzkopf, K., 1996. Urban community gardens as contested space. *Geographical Review*  
31 85, 364-381.
- 32 Schmelzkopf, K., 2002. Incommensurability, land use, and the right to space: community  
33 gardens in New York City. *Urban Geography* 23, 323-343.
- 34 Shinew, K., Glover, T., Parry, D., 2004. Leisure spaces as potential sites for interracial  
35 interaction: community gardens in urban areas. *Journal of Leisure Research* 36, 336-356.
- 36 Smith, C., Kurtz, H., 2003. Community gardens and politics of scale in New York City.  
37 *Geographical Review* 93, 193-212.
- 38 Somerset, S., Ball, R., Flett, M., Geissman, R., 2005. School-based community gardens: Re-  
39 establishing healthy relationships with food. *Journal of the Home Economics Institute of*  
40 *Australia* 12, 25-33.
- 41 Staeheli, L., Mitchell, D., Gibson, K., 2002. Conflicting rights to the city in New York's  
42 community gardens. *GeoJournal* 58, 197-205.
- 43 Steven, R., Pickering, C., Castley, G., 2011. A review of the impacts of nature based  
44 recreation on birds. *Journal of Environmental Management* 92, 2287-2294.
- 45 Stocker, L., Barnett, K., 1998. The significance and praxis of community-based sustainability  
46 projects: community gardens in Western Australia. *Local Environment* 3, 179-189.
- 47 Tan, L., Neo, H., 2009. Community in bloom: local participation of community gardens in  
48 urban Singapore. *Local Environment* 14, 529-539.

- 1 Teig, E., Amulya, J., Bardwell, L., Buchenau, M., Marshall, J., Jill, S., 2009. Collective  
2 efficacy in Denver, Colorado: strengthening neighbourhoods and health through  
3 community gardens. *Health & Place* 15, 1115-1122.
- 4 Trinh, L., Watson, J., Hue, N., De, N., Minh, N., Chu, P., Sthapit, B., Eyzaguirre, P., 2003.  
5 Agrobiodiversity conservation and development in Vietnamese home gardens.  
6 *Agriculture, Ecosystems & Environment* 97, 317-344.
- 7 Tucker, P., Gilliland, J., 2007. The effect of season and weather on physical activity: a  
8 systematic review. *Public Health* 21, 909-922.
- 9 Turner, B., 2011. Embodied connections: sustainability, food systems and community  
10 gardens. *Local Environment* 16, 509-522.
- 11 Twiss, J., Dickinson, J., Duma, S., Kleinman, T., Paulsen, H., Rilveria, L., 2003. Community  
12 gardens: lessons learned from California healthy cities and communities. *American*  
13 *Journal of Public Health* 93, 1435-1438.
- 14 UNFPA, 2007. *State of the World Population 2007: unleashing the potential of urban growth.*  
15 (United Nations Population Fund, New York).
- 16 Van Den Berg, A. W., Marijke, W., de Vries Sjerp, D. S., 2010. Allotment gardening and  
17 health: a comparative survey among allotment gardeners and their neighbors without an  
18 allotment. *Environmental Health* 9, 74-87.
- 19 Voicu, I., Been, V., 2008. The effect of community gardens on neighboring property values.  
20 *Real Estate Economics* 36, 241-283.
- 21 Wade, I., 1987. Community food production in cities of the developing nations. *Food &*  
22 *Nutrition Bulletin* 9, 29-36.
- 23 Wakefield, S., Yeudall, F., Taron, C., Reynolds, J., Skinner, A., 2007. Growing urban health:  
24 community gardening in South-East Toronto. *Health Promotion International* 22, 92-101.
- 25 Waliczek, T., Mattson, R., Zajicek, J., 1996. Benefits of community gardening on quality-  
26 of-life issues. *Journal of Environmental Horticulture* 14, 194-198.
- 27 Wills, J., Chinemana, F., Rudolph, M., 2009. Growing or connecting? An urban food garden  
28 in Johannesburg. *Health Promotion International* 25, 33-41.
- 29 WinklerPrins, A., 2002. House-lot gardens in Santarém, Pará, Brazil: linking rural with  
30 urban. *Urban Ecosystems* 6, 43-65.
- 31 Witzling, L., Wander, M., Phillips, E., 2011. Testing and educating on urban soil lead: a case  
32 of Chicago community gardens. *Journal of Agriculture, Food Systems & Community*  
33 *Development*, 1-19.
- 34 Wood, D., Lenne, J. M., 1997. The conservation of agrobiodiversity on-farm: questioning the  
35 emerging paradigm. *Biodiversity & Conservation* 6, 109-129.
- 36  
37

- 1 **Table 1.** The number of journal papers examining community gardens in different countries  
 2 and the number of countries authors of papers are from (based on author affiliations).

Country	Community Gardens	Authors
USA	51	119
Australia	12	26
Canada	5	17
UK	8	18
South Africa	2	3
Netherlands	1	3
Singapore	1	2
Spain	1	2
Cuba	2	1
Mexico	1	1
Portugal		1
Sweden	1	1
Israel		1
Brazil	1	
Other African countries	2	
Philippines	1	
Total	89	195

- 3 \* Although there were 87 papers, one paper examined gardens in three different countries.

4

- 1 **Table 2.** Number of published studies (1985-2011) on community gardens that used different
- 2 methods characterised different aspects of the gardens, and examined motivations and
- 3 challenges for gardens.

Category	Total	USA	Others
<b>METHODS USED</b>			
Science			
Social science	76	43	33
Natural science	1	1	
Mixed	9	6	3
Methods			
Interview	53	28	25
Case study	23	11	12
Observation	26	12	14
Survey	27	18	9
Text analysis	14	10	4
Focus groups	13	8	5
Natural science	2	2	
Other	17	11	6
Type of data			
Qualitative	51	28	23
Quantitative	5	4	1
Both	31	19	12
<b>CHARACTERISTICS OF GARDENS</b>			
Definition			
Yes	30	18	12
No	55	31	24
Typology	3	2	1
Food produced			
Yes	75	46	29
Food only	47	22	25
Food and flowers	25	23	2
Food and revegetation	4	2	2
No			
Not specified	12	8	4
Community groups			
School	16	13	3
Non-profit organisation	66	39	27
Faith Based organisation	6	4	2
Other	11	5	6
Not specified	6	4	2
Land ownership			
Private	3	3	
Government	33	18	15
Both	21	9	12
Not specified	29	21	8
Property value effect			
Increase	13	11	2
Decrease			
Not specified	74	40	34
Different cultural background			
Yes	70	49	21
No	5		5

Not specified	12	2	10
Low income earning areas			
Yes	71	47	24
No	1		1
Not specified	15	4	11

---

**MOTIVATIONS AND CHALLENGES**

---

Motivations

To consume fresh foods	46	26	20
Social development/cohesion	54	29	25
To save/make money	27	11	16
To improve health	31	16	15
To enhance cultural practice	20	11	9
To educate	23	13	10
To access land due to lack	11	6	5
To enjoy nature	14	9	5
Environmental sustainability	10	3	7
To enhance spiritual practice	6	3	3

Challenges

Future land access	26	17	9
Soil contamination	10	4	6
Lack of water	10	3	7
Safety issues	10	4	6
Funding	12	6	6
Cultural differences issues	3	1	2
Neighbourhood complaints	5	2	3
Waiting list	3		3

---

1

2



1 **Table 3.** Number of journal papers that discussed and demonstrated the different benefits of  
 2 community gardens. Dis. = Discussed in paper but not explicitly assessed. Dem. =  
 3 Demonstrated in paper.

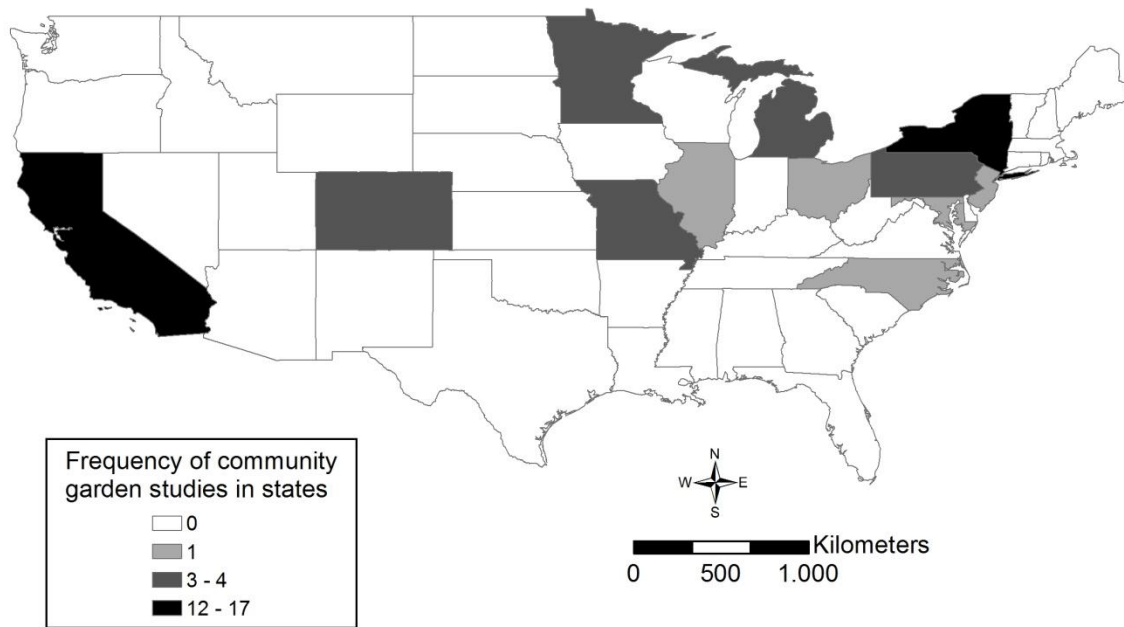
Benefit	Total		US		Others	
	Disc.	Dem.	Disc.	Dem.	Disc.	Dem.
Social	52	33	32	17	20	13
Access to fresh foods*		37		19		18
Economic	37	15	21	7	16	8
Health	43	14	25	6	18	8
Reduced crime/ increased safety	23	6	20	5	3	1
Education	29	11	12	8	17	3
Environmental Sustainability	19	2	6		13	2
Cultural heritage	16	6	8	3	8	3
Life satisfaction	13	4	8	3	5	1
Environmental equity	6		4		2	
Increased biodiversity	2				2	

4 \*It was assumed that this was a demonstrated benefit; not looked for discusse

1 **Table 4.** Number of journal papers by general discipline of study and overall result.

<b>Journal Discipline</b>	<b>Positive</b>			<b>Negative</b>			<b>Neutral</b>			<b>Mixed</b>		
	<b>Total</b>	<b>US</b>	<b>Others</b>	<b>Total</b>	<b>US</b>	<b>Others</b>	<b>Total</b>	<b>US</b>	<b>Others</b>	<b>Total</b>	<b>US</b>	<b>Others</b>
Social	14	10	4	1	1		2	2		3	2	1
Environment & Planning	16	5	11				2	2		3	3	
Health	9	4	5							1		1
Economy	3	2	1									
Education	7	6	1				1	1				
Geography	17	7	10	4	4		2		2	1	1	
Biology	1	1										
<b>Total</b>	<b>67</b>	<b>35</b>	<b>32</b>	<b>5</b>	<b>5</b>		<b>7</b>	<b>5</b>	<b>2</b>	<b>8</b>	<b>6</b>	<b>2</b>

2



1  
 2 **Figure 1.** Map of USA with locations of the community gardens that have been studied in the literature.  
 3

**Figure**  
[Click here to download high resolution image](#)

View publication stats

