



**LEADING HEALTH REFORM: A CRITICAL REVIEW OF
'LEADERSHIP' WITHIN ALLIED HEALTH COMPETENCY
STANDARDS**

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LEADING HEALTH REFORM: A CRITICAL REVIEW OF 'LEADERSHIP' WITHIN ALLIED HEALTH COMPETENCY STANDARDS

ABSTRACT

Objective

To examine if, when, and how select allied health professional standards currently articulate the Health LEADS Australia themes.

Methods

Eighteen allied health professional standards were searched to locate references to leadership. Data were extracted and inductively, deductively and thematically analysed as a meta-synthesis. Frequencies were counted, with sub-analysis by professional area, classification level, competency type, and Blooms (1) level.

Results

There were 953 direct and indirect leadership statements. Only 2 leadership definitions were located: pharmacists and dentists. The principal theme *Leadership* only appeared as 18 (2%) of the total data set that made direct references to leadership, which were mostly vague and unclear. The remaining indirect references to leadership are reported as four overarching themes: Self leadership (289, 31%); Leadership with and of others (263, 29%); Improvement and change leadership (223, 24%) and Health reform leadership (139, 18%).

Conclusions

Health leadership is not easily recognisable in the examined allied health practice standards. With some refinement they could play a critical role in preparing future allied health graduates to support ongoing health system reform needed to improve public health.

What is known about the topic?

Leadership is essential at all health system levels and leadership frameworks can usefully guide leadership development. However, little is known about allied health leadership compared to other clinical groups and their contributions to directional changes in health system reform may be overlooked.

What does this paper add?

Thematic leadership analysis of the existing competency frameworks for eighteen different allied health professional disciplines including exploration of alignment with the five themes of the Health LEADS Framework.

What are implications for practitioners?

- Reinstatement of a national Health Leadership Framework to articulate the need for, and capabilities of, leadership to support innovation and reform.
- Advocacy within AHPRA and Allied Health Professions Australia regarding further development and incorporation of leadership themes within the various allied health discipline competency frameworks.

1 INTRODUCTION

2 Enduring health leadership is required for sagacious health reform. While little is known about
3 allied health leadership compared to other clinical groups (2), literature highlights the importance
4 of: leadership at all health system levels; leadership frameworks to guide leadership development;
5 allied health contributions to directional changes in health system reform (2). This paper presents a
6 thematic leadership analysis of competency frameworks for 18 allied health disciplines and
7 alignment with the five themes of the Australian LEADS Framework (HLA).

8 Leadership is critical to a well-integrated and high performing health system. It entails relational
9 processes essential to navigating unknown, identifying new directions, and aligning people to
10 pursue a common purpose (3, 4). Allied health professionals have demonstrated their capacity to
11 rapidly transition from clinical positions to senior leadership positions. However, few studies
12 examine the nature of these leadership journeys or how leadership development and career

13 progression might be supported. In part, this is because allied health services historically been
14 delivered from hospital-based single discipline departments (5) and few senior management roles
15 in health and community service systems specifying allied health qualifications.

16 Further leadership development is required if allied health is to meaningfully steer organisational
17 change and drive strategic objectives (6). Entry-to-practice education is largely focussed on clinical
18 perspectives with limited focus on leadership (7) yet transition to clinical supervision can occur
19 quickly after graduation. Many allied health clinicians may be ill prepared for leadership positions.

20 The HLA's founding principles were that everyone owns leadership; developing capable leaders
21 builds health leadership capability; and the person you are is the leader you are (8, p4). In 2014
22 Health Workforce Australia was disabled. HLA was left without a structural base to realise the
23 vision for a national health leadership framework (9), however, its associated frameworks and tools
24 are often still used. Despite the HLA vision for national health leadership development allied health
25 has been largely overlooked.

26 Allied health professionals are an important workforce resource currently under-utilised but well
27 positioned to play a key leadership role in health reform (10). Professional standards set out the
28 competencies required for allied health work functions, roles and professional outcomes (11).
29 Among other things, these frameworks serve as benchmarks for learning and recognition of
30 achievement in entry-to-practice programs. Hereafter referred to as the 'Standards', their
31 architecture needs to reflect contemporary leadership competencies. This paper aims to clarify if,
32 when, and how allied health Standards currently articulate the HLA themes: leading self, engaging
33 others, achieving results, driving for innovation and shaping systems.

34 **METHODS**

35 In this meta-synthesis MeSH terms were combined with six keywords to broadly describe
36 leadership (table 1). Eighteen allied health Standards were downloaded from peak body websites
37 (supplementary file). A standardised naming structure (table 2) was developed to consistently label
38 data as domain, standard, indicator, and cue.

39 Each of the 18 Standards was searched using the keywords. Explicit definitions of leadership and
40 sentences that included keywords, the profession and classification level where each sentence
41 appeared were extracted to an Excel spreadsheet. Duplicates were removed. QSR International's
42 NVivo 12 software was used for an inductive thematic analysis using a coding, categorising and
43 theming process. Each Standard was then deductively analysed to extract data aligned to the
44 themes but not identified with the keyword search. Data were classified as either a knowledge or
45 skill competency guided by Blooms (1) taxonomy. Frequencies were counted, with sub-analysis by
46 professional area, classification level, competency type, and Blooms (1) level. Results are presented
47 as counts and percentiles.

48 RESULTS

49 Across the 18 allied health standards there were 953 direct and indirect leadership statements
50 (table 3). Of these, only 18 (2%) from 8 disciplines (table 4) were directly within the primary theme
51 of interest, *Leadership*. The remaining 935 all pertained to indirect references to leadership, which
52 are presented as four themes: *Self-Leadership* (n=289, 31%), *Leadership With and Of Others*
53 (n=263, 31%), *Improvement and Change Leadership* (n=218, 24%), and *Health, Healthcare and*
54 *System Reform* (n=151, 16%). Figure 1 shows how leadership was articulated within the 18
55 Standards.

56 Leadership

57 Leadership as a concept was largely undefined with only 2 Standards providing explicit definitions.
58 The Pharmacy Standards defined it as: *the process of influencing the behaviour of others toward a*
59 *pre-determined goal* (12, p3). The dentist standards stated leadership:

60 *requires reflection and improvement of self, fostering growth in and influencing*
61 *others, and communicating a vision for the future and enabling decisions to align*
62 *with the goal. To achieve outcomes, leaders embrace the spirit of change and*
63 *innovation and strategically understand and align complex systems with the goal*
64 *(13, p7).*

65 18 (2%) direct leadership words or statements were at indicator (table 5) and Bloom's apply levels
66 (table 6). Four (4, 22%) could not be classified. The concept of leadership was vague, unclear and
67 interpretation left to the reader.

68 **Self leadership**

69 Pertained to recognising strengths and limitations and committing to continual personal and
70 professional improvement. The pharmacy Standard defined it as:

71 *a process where a person who knows their strengths and weaknesses,*
72 *understands and displays self-awareness, self-regulation, motivation, empathy*
73 *and social skill and commits to self-reflection and improvement (12, p3).*

74 This theme comprised 289 (31%) indirect leadership statements and had five subthemes (table 7).

75 *Professionalism and integrity* related to consistently applying legal, ethical, and moral values of a
76 chosen health allied profession. It appeared in all examined disciplines, except clinical psychology,
77 and was mostly indicator (table 5) and Blooms (12) apply level (table 6). Fifteen (15, 22%)
78 statements could not be classified.

79 *Lifelong learning and professional development* related to the ongoing, voluntary, and self-
80 motivated pursuit of knowledge for professional development. It appeared in all examined
81 disciplines, except audiology, and mostly at indicator level (table 5) and Bloom's (12) apply level
82 (table 6). Seven (7,8%) statements could not be classified.

83 *Scope of practice* was about working within the boundaries for what a practitioner is educated,
84 competent to perform and permitted by the terms of their professional registration and law. It
85 appeared in all disciplines and was mostly at indicator (table 5) and Bloom's (12) apply level (table
86 6).

87 *Reflective practice* related to critically reflecting on one's actions to engage in a continuous process
88 of self-understanding for professional growth. It appeared in all disciplines, except audiology,
89 exercise physiologists, medical scientists and prosthetic and orthoptics. The statements were
90 mostly at indicator (table 5) and Bloom's (12) evaluate level (table 6).

91 *Self-care* was about taking care of mental, emotional, and physical health. It appeared in five
92 disciplines, being chiropractic, dentists, dietetics, occupational therapy, optometry, paramedicine,
93 physiotherapy, podiatry, social work and speech pathology. Most statements were at standard
94 (table 5) and Bloom's (12) apply level (table 6).

95 **Leadership with and of others**

96 This theme was derived from 270 (29%) indirect references to leadership competencies related to
97 working with others or encouraging others to see and accept opportunities to contribute, evolve
98 and develop. It had five subthemes (table 8).

99 *Values and diversity of others* was about recognising and valuing differences between people and
100 cultures and appeared in all disciplines, except medical science. It was mostly at indicator (table 5)
101 and Bloom's (12) apply level (table 6). Exercise physiology had 1 statement listed as a 'graduate
102 attribute'.

103 *Teamwork, collaboration and communication* related to two or more people working together, within
104 and across disciplines, to share ideas and thinking to accomplish a common goal. It appeared in all
105 disciplines, except medical science and were mostly at indicator (table 5) and Bloom's (12) apply
106 level (table 6). Exercise physiology had 1 statement listed as a 'graduate attribute'. Six (6,7%)
107 could not be classified.

108 *Development of others* pertained to the process of educating, supporting or developing peers and
109 colleagues to enable them to learn new knowledge, skills, values or attributes. It appeared in all
110 disciplines except clinical psychology, dentists, exercise physiology and orthoptics. Most were at
111 the indicator level (table 5) and at Bloom's (1) apply level (table 6).

112 *Supervision and mentoring of others* involved overseeing a student, peer or colleague to ensure
113 they perform professionally and facilitate their professional development. It appeared in all
114 disciplines, except clinical psychology, exercise physiology, medical science, orthoptics and
115 prosthetic and orthotics. It was mostly at indicator (table 5) and Bloom's (1) apply level (table 6).
116 One (1,3%) could not be classified.

117 *Delegation to others* involved assigning activities or tasks to a colleague who has appropriate
118 education, knowledge and skills to undertake the task safely. These statements only appeared in
119 the chiropractic, occupational therapy, optometry, physiotherapy and podiatry disciplines. Most
120 were at the indicator level (table 5) and at Bloom's (1) apply level (table 6).

121 **Improvement and change leadership**

122 This theme was derived from knowledge and skills requisite to driving improvement, innovation and
123 discovery in health care. It comprised 223 (24%) of the indirect leadership statements and had five
124 subthemes (table 9).

125 *Evidence based practice* related to using the best available evidence for informing professional
126 practice but statements about conceiving or conducting research were not included. It appeared in
127 all the disciplines examined, except medical science and mostly at standard (table 5) and Bloom's
128 (1) apply level (table 6). One (1,1%) could not be classified.

129 *Continuous Quality Improvement* related to planning and executing a continuous flow of
130 monitoring, reporting and improving aspects of practice and service delivery to provide quality
131 health care. It appeared in all disciplines examined, except clinical psychology, exercise physiology
132 and was mostly at indicator (table 5) and Bloom's (1) apply level (table 6). One (1, 2%) could not
133 be classified.

134 *Critical Thinking* related to the need for objective systematic analysis and evaluation of an issue. It
135 appeared in all disciplines examined, except audiology and exercise physiology, occupational
136 therapy, orthoptics and social work. It was mostly indicator (table 5) and Bloom's (1) evaluate level
137 (table 6). Four (4,14%) could not be classified.

138 *Problem Solving* involved identifying solutions to difficult or complex issues outside the scope of
139 clinical reasoning. It appeared in all disciplines examined, except audiology, chiropractic, clinical
140 psychology, exercise physiology, medical science, occupational therapy, prosthetic and orthotic,
141 social work and speech pathology. It was mostly at the indicator (table 5) and Bloom's (1) apply
142 level (table 6).

143 *Change Agency* involved capabilities for influencing change. It appeared in eight disciplines, being
144 clinical psychology, dietetics, medical imaging, occupational therapy, orthoptics, pharmacy,
145 physiotherapy, and social work. It was mostly at standard (table 5) and Bloom's (1) apply level
146 (table 6).

147 **Health reform leadership**

148 This theme was derived from 153 (16%) of the indirect leadership statements related to instigating
149 and leading changes for improving public health, and reforming healthcare and the health system
150 to improve its purpose, functionality, and sustainability. It had three subthemes (table 10).

151 *Improving Public Health* was about the use of health promotion and disease prevention strategies.
152 It appeared in all disciplines examined, except clinical psychology, medical science, prosthetic and
153 orthotics and social work. It was equally distributed between the standard and indicator levels
154 (table 5) and mostly at Bloom's (1) apply level (table 6). One (1, 1%) could not be classified.

155 *Health service and system change* was about system modernisation and improvement and was
156 reflected in all disciplines except Clinical Psychology. It was mostly at indicator (table 5) Bloom's
157 (1) apply level (table 6).

158 *Lead and advocate for the profession* involved contributing to, promoting or developing the
159 profession through activities such as supervision, education, mentoring, advocacy and research. It
160 appeared in all disciplines, except Chiropractic, Clinical Psychology, Exercise Physiology, and
161 Occupational Therapy. It was mostly at the indicator (table 5) and Bloom's (1) apply level (table 6).
162 One (1,6%) could not be classified.

163 **DISCUSSION**

164 To affect strategic health reform in Australia a multidisciplinary and dispersed approach to health
165 leadership is required. It is crucial to ensure our allied health professionals have the individual and
166 collective leadership competencies to impel continual innovation, change and reform.

167 The Health LEADS Australia (8), Canadian LEADS in a Caring Environment (14) and the United
168 Kingdom's National Health Service Leadership Framework (15), each demonstrate it is possible to

169 create national frameworks that articulate the need for, and capabilities of, leadership to support
170 innovation and reform. However, our review of Australian 18 allied health practice Standards
171 illustrates that leadership is rarely defined and explicit leadership references are vague and
172 unclear. Only 5 allied health Standards explicitly refer to leadership, however, while four themes
173 that indirectly relate to leadership were identified most statements only addressed low level
174 requirements (not higher-level learning) against Bloom's taxonomy. This highlights that most of the
175 vague statements to leadership only require graduates to be skilled, but not necessarily
176 knowledgeable, and only be able to apply these skills without any analysis or evaluation of
177 leadership. As the need for leadership capabilities increase, graduates will be underdeveloped as
178 leaders. Importantly, many of the indirect leadership references converge, but also diverge, from
179 the national Health LEADs (8) framework.

180 Most Standards identified the need for *Self-leadership*. Emphasis on professionalism, life-long
181 learning, scope of practice, reflective practice, and self-care relate to a leadership literature that
182 recognises the importance of ethics and integrity (16, 17). Life-long learning relates to key theories
183 of leadership development, which suggest leadership capabilities continually develop throughout
184 one's life (6, 18). Scope of practice is not a central area of focus within leadership scholarship, but
185 does relate to ideas of competency and humility (19) in recognising personal limitations. Frequent
186 critical self-reflection is an essential component of leader development and self-care, wellbeing,
187 mental health, and positive psychological resources are growing areas of investigation with in
188 leadership scholarship (e.g. 20, 21-23). The now obsolete Australian Health LEADS framework
189 articulates 'Leads Self' and stipulates that "leaders are always a work in progress. They know their
190 strengths and limitations and commit to self-reflection and improvement. They understand and
191 display self-awareness, self-regulation, motivation, empathy, and social skill. They demonstrate
192 integrity in their role and context and show resilience in challenging situations" (8, p7). References
193 to Self-Leadership in the Standards therefore align with the three capabilities Leads Self (Is self-
194 aware; Seeks out and takes opportunities for personal development; and Has strength of
195 character) as outlined in the Health LEADS framework (8).

196 The third substantive subtheme *Leadership with and of others* relates to values and diversity,
197 developing others, supervision and mentoring, and delegation. While a universally accepted

198 definition of leadership alludes even mainstream leadership scholarship, it is generally agreed that
199 leading others entails complex relational processes that move others to action (24). Leading others
200 implies initiating structure through delegating, mentoring, and developing others; leading others
201 also necessitates consideration of others, including recognising and valuing individuals and
202 diversity (25).

203 Within leadership scholarship, leadership *with* others is somewhat distinct to leadership *of* others.
204 Scholarship that deals with leadership *with* others places more emphasis on the relationships
205 between people and less on the role of a single leader (26). Leadership *with* others, or shared
206 leadership provides an antidote to the traditionally hierarchical, vertical leadership reliant on a
207 single top-leader. Leadership with others, or shared leadership, implies collective decision making,
208 and greater responsibility on every individual involved in taking action and achieving outcomes
209 (27). These sentiments are reflected in the Australian Health LEADS framework (8) that articulates
210 'Engages Others' as the ability of leaders to enable people to engage with a vision or goal through
211 explanations that assist in making sense of complexity in ways that empowers others to identify
212 and act on opportunities to contribute, learn and grow.

213 *Improvement and Change*, the fourth leadership-related theme represents the very heart of
214 leadership as it is understood within leadership scholarship. Management and leadership are often
215 confused and sometimes conflated, but the primary distinction between them is that management
216 is focused on compliance and stability while leadership is about new directions, improvement, and
217 change. The emergence of transformational leadership (25) and leadership sub-fields it has
218 spawned (for example, authentic leadership 28, 29), articulates change and improvement of
219 others and environments, as central to the function of leadership. Good management is needed to
220 provide consistency and stability; but takes good leadership to instigate and drive improvement
221 and change. Improvement and change is reflected in the Australian Health LEADS framework (8)
222 as 'Achieves outcomes', which incorporates setting inspiring and motivating directions for
223 improving the quality of care and sustaining the system.

224 *Health reform* was the fifth theme identified within the Allied health standards. The bulk of
225 leadership scholarship focuses on leadership as the function of individuals or teams. However,
226 there are emerging pockets of research that advance understanding of leadership in and of

227 systems. Complexity leadership theory (30, 31) positions leadership as a “complex interactive
228 dynamic” that enables outcomes such as learning, innovation, and adaptability (31). Adaptive
229 leadership (32, 33) requires leadership at every level of a system or organisation and relies on
230 individuals teams stepping up to fill and lead within ‘adaptive space’ (34). These theories posit that
231 individuals must engage in complex relational dynamics and be willing to step into adaptive space
232 to drive reform and improvement. Only then can system reform be enabled and sustained through
233 continual improvement and adaptation in response to environmental factors.

234 The *Health reform* theme, and its subthemes improving public health, leading health service and
235 system change and leading and advocating for the profession, converge with the Health LEADS
236 framework (8) in terms of ‘Driving innovation’ and ‘Shaping systems’. Driving innovation relates to
237 challenging the status quo and advocating for changes to business and models of care to achieve
238 people-centred, values-based quality services (8). These changes are critical to ‘Shaping systems’
239 that can adapt as the complex and interconnecting components evolve as an outcome of service,
240 legislation and funding change.

241 Ensuring our health system can appropriately serve the current and future health needs of
242 Australia is a complex, adaptive process which will only be achieved through leadership at every
243 level (3). Allied health professionals are ideally positioned to contribute to this kind of health
244 leadership. The need to facilitate health leadership at a national level is well recognised with calls
245 to action for governments and the international health community to recognise that healthcare
246 performance and improvement are dependent on quality professional leadership (8, 35). The World
247 Health Organisation asserts, (36, p1) “successful leaders are those who know how to create a
248 workplace culture in which the safe and high quality care of patients is a priority — a culture that
249 promotes inter-professional teamwork, sets strategic goals for patient safety, supports efforts within
250 the organization to achieve improvement goals, provides resources for strengthening systems,
251 removes obstacles for clinicians and health-care staff that interfere with safe care, and requires
252 and maintains high performance of health-care providers”.

253 **CONCLUSION**

254 For allied health to play its optimal role in health system reform, innovation and change, the
255 Standards that guide allied health professionals must explicitly reflect health leadership
256 competencies. In their present form, health leadership is not easily recognisable in most
257 Standards. While most Standards link to important components of leadership, allied health
258 professionals who are not familiar with the national health leadership framework or leadership
259 theory might not recognise these references as attributes of leadership. Without specifying
260 leadership capabilities as clear knowledge and skill domains the professional standards are open
261 to interpretation and education may overlook leadership development opportunities. Failing to
262 educate leadership competency, will fail to equip our future allied health graduates with the
263 knowledge and skills they need to address the reality of complex health system innovation and
264 clinical redesign. Nor will they be educationally prepared for guiding national policy makers on how
265 to support this leadership work. This paper highlights the underutilised leadership potential of allied
266 health professionals. By refining competency Standards and educating allied health professionals
267 in leadership knowledge and skills, we can support the ongoing health system reform that is
268 needed to improve public health.

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Table 1: MeSH terms (NLM 2019) used to describe leadership

MeSH term(s)	Associate entry term	Keyword
Leadership	Leader, Leaders, Leading	Lead*
Institutional Management	Manager, managers, management, managing	Manage*
Change Management	Influences, Influencer, Change	Influence*, Change*
Institutional Management Teams	Teams, teamwork, team leader, teammate,	Team*
Organisation and Administration	Supervises, supervisor, supervision	Supervis*

Table 2: Standardisation of levels of competency nomenclature

Disciplines	1. Domain	2. Standard	3. Indicator	4. Cue
Audiology	Standard	Indicator	Criteria	-
Chiropractic	Universal competency	Standard	Performance criteria	-
Clinical Psychology	Domain	Standard	Criteria	-
Dentistry	Domain	Standard	-	-
Dietetics	Domain	Key Tasks/Elements	Observable and/or measurable actions	-
Exercise Physiology	Standard	Guiding principle	Assessment expectations	Elements
Medical Imaging	Domain	Standard	Indicator	Cues
Occupational Therapy	Standard	Statement	-	-
Optometry	Unit	Element	Performance criteria	Indicators
Paramedicine	Domain	Standard	Indicator	-
Pharmacy	Domain	Standard	Enabling competency	General level/evidence examples
Physiotherapy	Role	Key competencies	Enabling components	-
Podiatry	Standard	Element	Performance criteria	Examples of evidence
Speech Pathology	Unit	Element	Performance Criteria	Cues

Table 3: Summary of all leadership statements, by discipline

Discipline	Direct reference to leadership	Indirect references to leadership
Audiology	0	35, (4%)
Chiropractic	2	41, (4%)
Clinical Psychology	0	20, (2%)
Dentists	2	26, (3%)
Dietetics	1	55, (6%)
Exercise Physiology	4	71, (8%)
Medical Imaging	0	79, (8%)
Medical Science	0	25, (3%)
Occupational Therapy	1	53, (6%)
Optometry	0	73, (8%)
Orthoptics	0	31, (3%)
Paramedicine	5	66, (7%)
Pharmacy	2	74, (8%)
Physiotherapy	1	93, (10%)
Podiatry	0	38, (4%)
Prosthetic and Orthotic	0	30, (3%)
Social Work	0	68, (7%)
Speech Pathology	0	57, (6%)
Total	18	935 (100%)

Table 4: Direct Leadership Statements, by Discipline

Discipline	Knowledge	Skills
Dentists	2. Communication and Leadership	
Dietetics		1.3 Demonstrates professional leadership
Exercise Physiology		6.4.4 Revise communication and leadership to respond to changes in client and other health professional needs and manage changes in clinical situation(s). 8.4.5 Revise communication and leadership to respond to changes in client and other stakeholder needs and manage changes in clinical situation(s). 9.4.7 Revise communication and leadership style to respond to changes in client and other stakeholder needs and manage changes in clinical situation(s).
Pharmacy	Domain 4: Leadership and management	4.1 Show leadership of self 3. Display self-motivation, an innovative mindset and motivation

4.3 Show leadership in practice

4.3.1 Inspire a strategic vision and common purpose

Physiotherapy 7. Manager/leader 7.2B recognise their leadership style and apply their leadership skills as relevant to the practice context

Table 5: Competency statement level of all leadership themes and subthemes

Themes	Subthemes	Domain	Standard	Indicator	Cue	Total
Leadership		5 (28%)	5 (28%)	7 (39%)	1 (6%)	18 (2%)
Self-Leadership						
	Professionalism and integrity	19 (21%)	24 (26%)	35 (38%)	14 (15%)	92 (44%)
	Lifelong learning and professional development	6 (7%)	22 (26%)	48 (57%)	7 (8%)	
	Scope of practice		11 (2)2%	30 (59%)	10 (20%)	
	Reflective practice		14 (33%)	21 (49%)	7 (16%)	
	Self care	1 (6%)	10 (59%)	6 (35%)		
Leadership With and Of Others						
	Values diversity of others	5 (2%)	33 (12%)	44 (16%)		
	Teamwork, collaboration and communication	8 (10%)	26 (31%)	45 (54%)	5 (6%)	
	Development of others		14 (26%)	33 (62%)	3 (6%)	
	Supervision and mentoring of others	1 (3%)	11 (31%)	19 (53%)	5 (14%)	
	Delegation to others		3 (33%)	4 (44%)	2 (22%)	
Improvement and Change Leadership						
	Evidence based practice		61 (51%)	35 (32%)	2 (22%)	
	Continuous quality improvement	1 (2%)	11 (24%)	24 (52%)	10 (22%)	
	Critical thinking	4 (15%)	8 (30%)	12 (44%)	3 (11%)	
	Problem solving	1 (4%)	7 (30%)	11 (48%)	4 (17%)	
	Change agency		5 (45%)	4 (36%)	2 (18%)	
Health Reform Leadership						
	Improving public health	6 (11%)	36 (45%)		5 (6%)	
	Health service and system change	3 (6%)	10 (19%)	34 (64%)	6 (11%)	
	Lead and advocate for the profession	3 (17%)	5 (28%)	6 (33%)	4 (22%)	

Table 6: Competency statements against Bloom’s taxonomy level for all leadership themes and subthemes

Themes	Subthemes	Create	Evaluate	Analyse	Apply	Understand	Knowledge
Leadership							
Self-Leadership							
	Professionalism and integrity		2 (2%)		40 (43%)	11 (12%)	24 (26%)
	Lifelong learning and professional development		6 (7%)	6 (7%)	30 (36%)	4 (5%)	31 (37%)
	Scope of practice		1 (2%)		25 (47%)	15 (8%)	11 (21%)
	Reflective practice		29 (67%)	2 (5%)	10 (23%)	1 (2%)	1 (2%)
	Self care	1 (6%)	2 (12%)		9 (53%)	4 (24%)	1 (6%)
Leadership With and Of Others							
	Values diversity of others	3 (3%)	4 (5%)		46 (54%)	18 (21%)	14 (12%)
	Teamwork, collaboration and communication	3 (3%)	4 5%)(3 (3%)	47 (54%)	18 (21%)	12 (14%)
	Development of others			5 (9%)	36 (67%)	9 (17%)	1 (6%)
	Supervision and mentoring of others	1 (3%)			21 (58%)	7 (19%)	6 (17%)
	Delegation to others				6 (67%)	2 (22%)	1 (11%)
Improvement and Change Leadership							
	Evidence based practice	6 (5%)	30 (26%)	8 (7%)	49 (43%)	13 (11%)	7 (6%)
	Continuous quality improvement		4 (9%)	4 (9%)	26 (55%)	9 (19%)	3 (6%)
	Critical thinking		16 (57%)	1 (4%)	5 (18%)	2 (7%)	
	Problem solving	1 (4%)	3 (13%)	8 (35%)	9 (39%)	1 (4%)	1 (4%)
	Change agency		2 (18%)		6 (55%)	2 (18%)	1 (9%)
Health Reform Leadership							
	Improving public health	3 (4%)	3 (4%)	5 (6%)	32 (40%)	25 (31%)	12 (15%)

Health service and system change	1 (2%)	28 (52%)	14 (26%)	8 (15%)
Lead and advocate for the profession	1 (6%)	12 (67%)	3 (17%)	1 (6%)

Table 7. Frequency of Subtheme, Self leadership

Subtheme	Frequencies and percentiles within theme 2
Professionalism and integrity	92, (44%)
Lifelong Learning and professional development	84, (40%)
Scope of practice	53, (25%)
Reflective practice	43, (21%)
Self care	17, (8%)

Table 8. Frequency of Subtheme, Leadership with and of others

Subtheme	Frequencies and percentiles within theme 3
Values diversity amongst others	87, (38%)
Teamwork, collaboration and communication with others	84, (36%)
Development of others	54, (23%)
Supervision and mentoring of others	36, (16%)
Delegation to others	9, (4%)

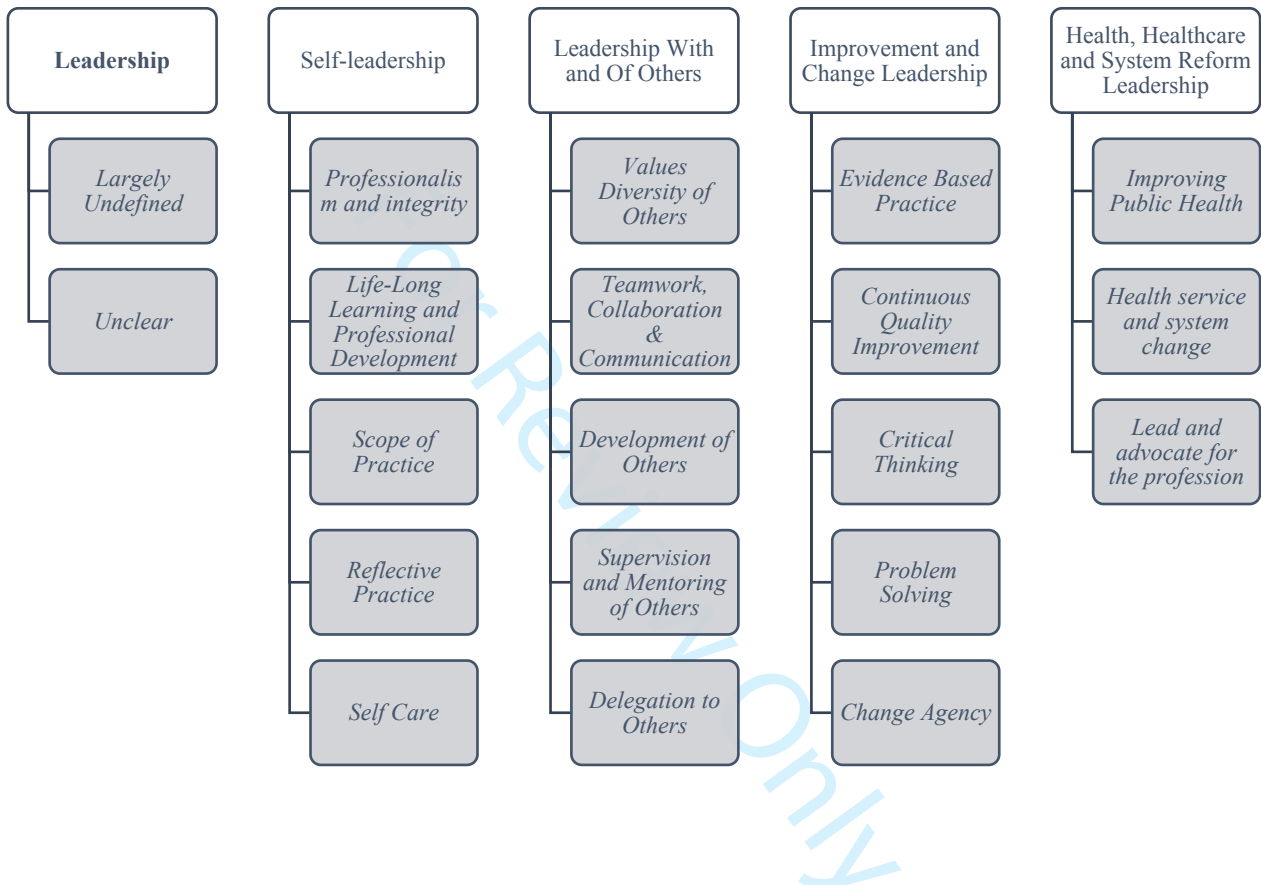
Table 9. Frequency of Subtheme, Improvement and change leadership

Subtheme	Frequencies and percentiles within theme 4
Evidence based practice	114, (58%)
Continuous quality improvement	47, (24%)
Critical thinking	28, (14%)
Problem solving	23, (12%)
Change agency	11, (6%)

Table 10. Frequency of Subtheme, Health reform leadership

Subtheme	Frequencies and percentiles within theme 5
Improving public health	81, (56%)
Health service and system change	54, (39%)
Lead and advocate for the profession	18, (13%)

Figure 1: How leadership is articulated within the 18 Standards analysed



Included allied health professions, year and web address for their Standards, and standardisation of the nomenclature

Disciplines	Year	Web address for each Standard	Standardisation of levels of competency nomenclature			
			Domain	Standard	Indicator	Cue
Audiology	2016	http://www.hearingservices.gov.au/wps/wcm/connect/71160a43-c362-4f6c-bca8-d9b85b6a40b8/National+Practice+Standards+for+Hearing+Care+Practitioner+updated+draft.pdf?MOD=AJPERES&CONVERT_TO=url&CACHEID=71160a43-c362-4f6c-bca8-d9b85b6a40b8	Standard	Indicator	Criteria	-
Chiropractic	2017	https://www.chiropracticboard.gov.au/Accreditation.aspx	Universal competency	Standard	Performance criteria	-
Clinical Psychology	2016	https://www.psychologyboard.gov.au/standards-and-guidelines/registration-standards.aspx	Domain	Standard	Criteria	-
Dentists	2016	https://www.adc.org.au/sites/default/files/Media_Libraries/PDF/Accreditation/Professional%20Competencies%20of%20the%20Newly%20Qualified%20Dentist_rebrand.pdf	Domain	Standard	-	-
Dietetics	2015	https://daa.asn.au/maintaining-professional-standards/ncs/	Domain	Key Tasks/Elements	Observable and/or measurable actions	-
Exercise Physiology	2015	https://www.essa.org.au/Public/Professional_Standards/Professional_Standards.aspx	Standard	Guiding principle	Assessment expectations	Elements
Medical Imaging	2018	https://www.asmirt.org/media/371/371.pdf	Domain	Standard	Indicator	Cues
Medical Laboratory Science	2009	https://www.aims.org.au/documents/item/259	Unit	Element	Performance Criteria	Range Statements
Occupational Therapy	2018	https://www.occupationaltherapyboard.gov.au/codes-guidelines/competencies.aspx	Standard	Statement	-	-
Optometry	2014	http://www.optometryboard.gov.au/documents/default.aspx?record=WD16/20865&dbid=AP&chksum=YZKn2yxHIYkvvlKmWNlrUg==	Unit	Element	Performance criteria	Indicators
Orthoptics	2015	https://www.australianorthopticboard.org.au/Downloads/Competency%20Standards%20Jul15.pdf	Unit	Element	Performance criteria	Examples of indicators
Paramedicine	2018	https://www.paramedicineboard.gov.au/Professional-standards.aspx	Domain	Standard	Indicator	-
Pharmacy	2016	https://www.psa.org.au/wp-content/uploads/2018/06/National-Competency-Standards-Framework-for-Pharmacists-in-Australia-2016-PDF-2mb.pdf	Domain	Standard	Enabling competency	General level/evidence examples
Physiotherapy	2015	https://physiocouncil.com.au/wp-content/uploads/2017/10/Physiotherapy-Board-Physiotherapy-practice-thresholds-in-Australia-and-Aotearoa-New-Zealand.pdf	Role	Key competencies	Enabling components	-
Podiatry	2015	https://www.podiatryboard.gov.au/Registration-Endorsement/Podiatry-competency-standards.aspx	Standard	Element	Performance criteria	Examples of evidence
Prosthetics and Orthotics	2014	https://www.aopa.org.au/publications/competency-standards	Domain	Activity	Performance indicator	Range statement
Social Work	2013	https://www.aasw.asn.au/practitioner-resources/practice-standards	Domain	Standard	Indicator	-
Speech Pathology	2017	https://www.speechpathologyaustralia.org.au/SPAweb/SPAweb/Resources_for_Speech_Pathologists/CBOS/CBOS.aspx	Unit	Element	Performance criteria	Cues

Article

LEADING HEALTH REFORM: A CRITICAL REVIEW OF 'LEADERSHIP' WITHIN ALLIED HEALTH COMPETENCY STANDARDS

ABSTRACT

Objective

To examine if, when, and how select allied health professional standards currently articulate the Health LEADS Australia themes.

Methods

Eighteen allied health professional standards were searched to locate references to leadership.

Data were extracted and inductively, deductively and thematically analysed as a meta-synthesis.

Frequencies were counted, with sub-analysis by professional area, classification level, competency type, and Blooms (1) level.

Results

There were 953 direct and indirect leadership statements. Only 2 leadership definitions were located: pharmacists and dentists. The principal theme *Leadership* only appeared as 18 (2%) of the total data set that made direct references to leadership, which were mostly vague and unclear. The remaining indirect references to leadership are reported as four overarching themes: Self leadership (289, 31%); Leadership with and of others (263, 29%); Improvement and change leadership (223, 24%) and Health reform leadership (139, 18%).

Conclusions

Health leadership is not easily recognisable in the examined allied health practice standards. With some refinement they could play a critical role in preparing future allied health graduates to support ongoing health system reform needed to improve public health.

What is known about the topic?

25 Leadership is essential at all health system levels and leadership frameworks can usefully guide
26 leadership development. However, little is known about allied health leadership compared to other
27 clinical groups and their contributions to directional changes in health system reform may be
28 overlooked.

29 **What does this paper add?**

30 Thematic leadership analysis of the existing competency frameworks for eighteen different allied
31 health professional disciplines including exploration of alignment with the five themes of the Health
32 LEADS Framework.

33 **What are implications for practitioners?**

- 34 • Reinstatement of a national Health Leadership Framework to articulate the need for, and
35 capabilities of, leadership to support innovation and reform.
- 36 • Advocacy within AHPRA and Allied Health Professions Australia regarding further
37 development and incorporation of leadership themes within the various allied health
38 discipline competency frameworks.

39 **INTRODUCTION**

40 Enduring health leadership is required for sagacious health reform. While little is known about
41 allied health leadership compared to other clinical groups (2), literature highlights the importance
42 of: leadership at all health system levels; leadership frameworks to guide leadership development;
43 allied health contributions to directional changes in health system reform (2). This paper presents a
44 thematic leadership analysis of competency frameworks for 18 allied health disciplines and
45 alignment with the five themes of the Australian LEADS Framework (HLA).

46 Leadership is critical to a well-integrated and high performing health system. It entails relational
47 processes essential to navigating unknown, identifying new directions, and aligning people to
48 pursue a common purpose (3, 4). Allied health professionals have demonstrated their capacity to
49 rapidly transition from clinical positions to senior leadership positions. However, few studies
50 examine the nature of these leadership journeys or how leadership development and career

51 progression might be supported. In part, this is because allied health services historically been
52 delivered from hospital-based single discipline departments (5) and few senior management roles
53 in health and community service systems specifying allied health qualifications.

54 Further leadership development is required if allied health is to meaningfully steer organisational
55 change and drive strategic objectives (6). Entry-to-practice education is largely focussed on clinical
56 perspectives with limited focus on leadership (7) yet transition to clinical supervision can occur
57 quickly after graduation. Many allied health clinicians may be ill prepared for leadership positions.

58 The HLA's founding principles were that everyone owns leadership; developing capable leaders
59 builds health leadership capability; and the person you are is the leader you are (8, p4). In 2014
60 Health Workforce Australia was disbanded. HLA was left without a structural base to realise the
61 vision for a national health leadership framework (9), however, its associated frameworks and tools
62 are often still used. Despite the HLA vision for national health leadership development allied health
63 has been largely overlooked.

64 Allied health professionals are an important workforce resource currently under-utilised but well
65 positioned to play a key leadership role in health reform (10). Professional standards set out the
66 competencies required for allied health work functions, roles and professional outcomes (11).
67 Among other things, these frameworks serve as benchmarks for learning and recognition of
68 achievement in entry-to-practice programs. Hereafter referred to as the 'Standards', their
69 architecture needs to reflect contemporary leadership competencies. This paper aims to clarify if,
70 when, and how allied health Standards currently articulate the HLA themes: leading self, engaging
71 others, achieving results, driving for innovation and shaping systems.

72 **METHODS**

73 In this meta-synthesis MeSH terms were combined with six keywords to broadly describe
74 leadership (table 1). Eighteen allied health Standards were downloaded from peak body websites
75 (supplementary file). A standardised naming structure (table 2) was developed to consistently label
76 data as domain, standard, indicator, and cue.

77 Each of the 18 Standards was searched using the keywords. Explicit definitions of leadership and
78 sentences that included keywords, the profession and classification level where each sentence
79 appeared were extracted to an Excel spreadsheet. Duplicates were removed. QSR International's
80 NVivo 12 software was used for an inductive thematic analysis using a coding, categorising and
81 theming process. Each Standard was then deductively analysed to extract data aligned to the
82 themes but not identified with the keyword search. Data were classified as either a knowledge or
83 skill competency guided by Blooms (1) taxonomy. Frequencies were counted, with sub-analysis by
84 professional area, classification level, competency type, and Blooms (1) level. Results are presented
85 as counts and percentiles.

86 RESULTS

87 Across the 18 allied health standards there were 953 direct and indirect leadership statements
88 (table 3). Of these, only 18 (2%) from 8 disciplines (table 4) were directly within the primary theme
89 of interest, *Leadership*. The remaining 935 all pertained to indirect references to leadership, which
90 are presented as four themes: *Self-Leadership* (n=289, 31%), *Leadership With and Of Others*
91 (n=263, 31%), *Improvement and Change Leadership* (n=218, 24%), and *Health, Healthcare and*
92 *System Reform* (n=151, 16%). Figure 1 shows how leadership was articulated within the 18
93 Standards.

94 Leadership

95 Leadership as a concept was largely undefined with only 2 Standards providing explicit definitions.
96 The Pharmacy Standards defined it as: *the process of influencing the behaviour of others toward a*
97 *pre-determined goal* (12, p3). The dentist standards stated leadership:

98 *requires reflection and improvement of self, fostering growth in and influencing*
99 *others, and communicating a vision for the future and enabling decisions to align*
100 *with the goal. To achieve outcomes, leaders embrace the spirit of change and*
101 *innovation and strategically understand and align complex systems with the goal*
102 *(13, p7).*

103 18 (2%) direct leadership words or statements were at indicator (table 5) and Bloom's apply levels
104 (table 6). Four (4, 22%) could not be classified. The concept of leadership was vague, unclear and
105 interpretation left to the reader.

106 **Self leadership**

107 Pertained to recognising strengths and limitations and committing to continual personal and
108 professional improvement. The pharmacy Standard defined it as:

109 *a process where a person who knows their strengths and weaknesses,*
110 *understands and displays self-awareness, self-regulation, motivation, empathy*
111 *and social skill and commits to self-reflection and improvement (12, p3).*

112 This theme comprised 289 (31%) indirect leadership statements and had five subthemes (table 7).

113 *Professionalism and integrity* related to consistently applying legal, ethical, and moral values of a
114 chosen health allied profession. It appeared in all examined disciplines, except clinical psychology,
115 and was mostly indicator (table 5) and Blooms (12) apply level (table 6). Fifteen (15, 22%)
116 statements could not be classified.

117 *Lifelong learning and professional development* related to the ongoing, voluntary, and self-
118 motivated pursuit of knowledge for professional development. It appeared in all examined
119 disciplines, except audiology, and mostly at indicator level (table 5) and Bloom's (12) apply level
120 (table 6). Seven (7,8%) statements could not be classified.

121 *Scope of practice* was about working within the boundaries for what a practitioner is educated,
122 competent to perform and permitted by the terms of their professional registration and law. It
123 appeared in all disciplines and was mostly at indicator (table 5) and Bloom's (12) apply level (table
124 6).

125 *Reflective practice* related to critically reflecting on one's actions to engage in a continuous process
126 of self-understanding for professional growth. It appeared in all disciplines, except audiology,
127 exercise physiologists, medical scientists and prosthetic and orthoptics. The statements were
128 mostly at indicator (table 5) and Bloom's (12) evaluate level (table 6).

129 *Self-care* was about taking care of mental, emotional, and physical health. It appeared in five
130 disciplines, being chiropractic, dentists, dietetics, occupational therapy, optometry, paramedicine,
131 physiotherapy, podiatry, social work and speech pathology. Most statements were at standard
132 (table 5) and Bloom's (12) apply level (table 6).

133 **Leadership with and of others**

134 This theme was derived from 270 (29%) indirect references to leadership competencies related to
135 working with others or encouraging others to see and accept opportunities to contribute, evolve
136 and develop. It had five subthemes (table 8).

137 *Values and diversity of others* was about recognising and valuing differences between people and
138 cultures and appeared in all disciplines, except medical science. It was mostly at indicator (table 5)
139 and Bloom's (12) apply level (table 6). Exercise physiology had 1 statement listed as a 'graduate
140 attribute'.

141 *Teamwork, collaboration and communication* related to two or more people working together, within
142 and across disciplines, to share ideas and thinking to accomplish a common goal. It appeared in all
143 disciplines, except medical science and were mostly at indicator (table 5) and Bloom's (12) apply
144 level (table 6). Exercise physiology had 1 statement listed as a 'graduate attribute'. Six (6,7%)
145 could not be classified.

146 *Development of others* pertained to the process of educating, supporting or developing peers and
147 colleagues to enable them to learn new knowledge, skills, values or attributes. It appeared in all
148 disciplines except clinical psychology, dentists, exercise physiology and orthoptics. Most were at
149 the indicator level (table 5) and at Bloom's (1) apply level (table 6).

150 *Supervision and mentoring of others* involved overseeing a student, peer or colleague to ensure
151 they perform professionally and facilitate their professional development. It appeared in all
152 disciplines, except clinical psychology, exercise physiology, medical science, orthoptics and
153 prosthetic and orthotics. It was mostly at indicator (table 5) and Bloom's (1) apply level (table 6).
154 One (1,3%) could not be classified.

155 *Delegation to others* involved assigning activities or tasks to a colleague who has appropriate
156 education, knowledge and skills to undertake the task safely. These statements only appeared in
157 the chiropractic, occupational therapy, optometry, physiotherapy and podiatry disciplines. Most
158 were at the indicator level (table 5) and at Bloom's (1) apply level (table 6).

159 **Improvement and change leadership**

160 This theme was derived from knowledge and skills requisite to driving improvement, innovation and
161 discovery in health care. It comprised 223 (24%) of the indirect leadership statements and had five
162 subthemes (table 9).

163 *Evidence based practice* related to using the best available evidence for informing professional
164 practice but statements about conceiving or conducting research were not included. It appeared in
165 all the disciplines examined, except medical science and mostly at standard (table 5) and Bloom's
166 (1) apply level (table 6). One (1,1%) could not be classified.

167 *Continuous Quality Improvement* related to planning and executing a continuous flow of
168 monitoring, reporting and improving aspects of practice and service delivery to provide quality
169 health care. It appeared in all disciplines examined, except clinical psychology, exercise physiology
170 and was mostly at indicator (table 5) and Bloom's (1) apply level (table 6). One (1, 2%) could not
171 be classified.

172 *Critical Thinking* related to the need for objective systematic analysis and evaluation of an issue. It
173 appeared in all disciplines examined, except audiology and exercise physiology, occupational
174 therapy, orthoptics and social work. It was mostly indicator (table 5) and Bloom's (1) evaluate level
175 (table 6). Four (4,14%) could not be classified.

176 *Problem Solving* involved identifying solutions to difficult or complex issues outside the scope of
177 clinical reasoning. It appeared in all disciplines examined, except audiology, chiropractic, clinical
178 psychology, exercise physiology, medical science, occupational therapy, prosthetic and orthotic,
179 social work and speech pathology. It was mostly at the indicator (table 5) and Bloom's (1) apply
180 level (table 6).

181 *Change Agency* involved capabilities for influencing change. It appeared in eight disciplines, being
182 clinical psychology, dietetics, medical imaging, occupational therapy, orthoptics, pharmacy,
183 physiotherapy, and social work. It was mostly at standard (table 5) and Bloom's (1) apply level
184 (table 6).

185 **Health reform leadership**

186 This theme was derived from 153 (16%) of the indirect leadership statements related to instigating
187 and leading changes for improving public health, and reforming healthcare and the health system
188 to improve its purpose, functionality, and sustainability. It had three subthemes (table 10).

189 *Improving Public Health* was about the use of health promotion and disease prevention strategies.
190 It appeared in all disciplines examined, except clinical psychology, medical science, prosthetic and
191 orthotics and social work. It was equally distributed between the standard and indicator levels
192 (table 5) and mostly at Bloom's (1) apply level (table 6). One (1, 1%) could not be classified.

193 *Health service and system change* was about system modernisation and improvement and was
194 reflected in all disciplines except Clinical Psychology. It was mostly at indicator (table 5) Bloom's
195 (1) apply level (table 6).

196 *Lead and advocate for the profession* involved contributing to, promoting or developing the
197 profession through activities such as supervision, education, mentoring, advocacy and research. It
198 appeared in all disciplines, except Chiropractic, Clinical Psychology, Exercise Physiology, and
199 Occupational Therapy. It was mostly at the indicator (table 5) and Bloom's (1) apply level (table 6).
200 One (1,6%) could not be classified.

201 **DISCUSSION**

202 To affect strategic health reform in Australia a multidisciplinary and dispersed approach to health
203 leadership is required. It is crucial to ensure our allied health professionals have the individual and
204 collective leadership competencies to impel continual innovation, change and reform.

205 The Health LEADS Australia (8), Canadian LEADS in a Caring Environment (14) and the United
206 Kingdom's National Health Service Leadership Framework (15), each demonstrate it is possible to

207 create national frameworks that articulate the need for, and capabilities of, leadership to support
208 innovation and reform. However, our review of Australian 18 allied health practice Standards
209 illustrates that leadership is rarely defined and explicit leadership references are vague and
210 unclear. Only 5 allied health Standards explicitly refer to leadership, however, while four themes
211 that indirectly relate to leadership were identified most statements only addressed low level
212 requirements (not higher-level learning) against Bloom's taxonomy. This highlights that most of the
213 vague statements to leadership only require graduates to be skilled, but not necessarily
214 knowledgeable, and only be able to apply these skills without any analysis or evaluation of
215 leadership. As the need for leadership capabilities increase, graduates will be underdeveloped as
216 leaders. Importantly, many of the indirect leadership references converge, but also diverge, from
217 the national Health LEADs (8) framework.

218 Most Standards identified the need for *Self-leadership*. Emphasis on professionalism, life-long
219 learning, scope of practice, reflective practice, and self-care relate to a leadership literature that
220 recognises the importance of ethics and integrity (16, 17). Life-long learning relates to key theories
221 of leadership development, which suggest leadership capabilities continually develop throughout
222 one's life (6, 18). Scope of practice is not a central area of focus within leadership scholarship, but
223 does relate to ideas of competency and humility (19) in recognising personal limitations. Frequent
224 critical self-reflection is an essential component of leader development and self-care, wellbeing,
225 mental health, and positive psychological resources are growing areas of investigation with in
226 leadership scholarship (e.g. 20, 21-23). The now obsolete Australian Health LEADS framework
227 articulates 'Leads Self' and stipulates that "leaders are always a work in progress. They know their
228 strengths and limitations and commit to self-reflection and improvement. They understand and
229 display self-awareness, self-regulation, motivation, empathy, and social skill. They demonstrate
230 integrity in their role and context and show resilience in challenging situations" (8, p7). References
231 to Self-Leadership in the Standards therefore align with the three capabilities Leads Self (Is self-
232 aware; Seeks out and takes opportunities for personal development; and Has strength of
233 character) as outlined in the Health LEADS framework (8).

234 The third substantive subtheme *Leadership with and of others* relates to values and diversity,
235 developing others, supervision and mentoring, and delegation. While a universally accepted

236 definition of leadership alludes even mainstream leadership scholarship, it is generally agreed that
237 leading others entails complex relational processes that move others to action (24). Leading others
238 implies initiating structure through delegating, mentoring, and developing others; leading others
239 also necessitates consideration of others, including recognising and valuing individuals and
240 diversity (25).

241 Within leadership scholarship, leadership *with* others is somewhat distinct to leadership *of* others.
242 Scholarship that deals with leadership *with* others places more emphasis on the relationships
243 between people and less on the role of a single leader (26). Leadership *with* others, or shared
244 leadership provides an antidote to the traditionally hierarchical, vertical leadership reliant on a
245 single top-leader. Leadership with others, or shared leadership, implies collective decision making,
246 and greater responsibility on every individual involved in taking action and achieving outcomes
247 (27). These sentiments are reflected in the Australian Health LEADS framework (8) that articulates
248 'Engages Others' as the ability of leaders to enable people to engage with a vision or goal through
249 explanations that assist in making sense of complexity in ways that empowers others to identify
250 and act on opportunities to contribute, learn and grow.

251 *Improvement and Change*, the fourth leadership-related theme represents the very heart of
252 leadership as it is understood within leadership scholarship. Management and leadership are often
253 confused and sometimes conflated, but the primary distinction between them is that management
254 is focused on compliance and stability while leadership is about new directions, improvement, and
255 change. The emergence of transformational leadership (25) and leadership sub-fields it has
256 spawned (for example, authentic leadership 28, 29), articulates change and improvement of
257 others and environments, as central to the function of leadership. Good management is needed to
258 provide consistency and stability; but takes good leadership to instigate and drive improvement
259 and change. Improvement and change is reflected in the Australian Health LEADS framework (8)
260 as 'Achieves outcomes', which incorporates setting inspiring and motivating directions for
261 improving the quality of care and sustaining the system.

262 *Health reform* was the fifth theme identified within the Allied health standards. The bulk of
263 leadership scholarship focuses on leadership as the function of individuals or teams. However,
264 there are emerging pockets of research that advance understanding of leadership in and of

265 systems. Complexity leadership theory (30, 31) positions leadership as a “complex interactive
266 dynamic” that enables outcomes such as learning, innovation, and adaptability (31). Adaptive
267 leadership (32, 33) requires leadership at every level of a system or organisation and relies on
268 individuals teams stepping up to fill and lead within ‘adaptive space’ (34). These theories posit that
269 individuals must engage in complex relational dynamics and be willing to step into adaptive space
270 to drive reform and improvement. Only then can system reform be enabled and sustained through
271 continual improvement and adaptation in response to environmental factors.

272 The *Health reform* theme, and its subthemes improving public health, leading health service and
273 system change and leading and advocating for the profession, converge with the Health LEADS
274 framework (8) in terms of ‘Driving innovation’ and ‘Shaping systems’. Driving innovation relates to
275 challenging the status quo and advocating for changes to business and models of care to achieve
276 people-centred, values-based quality services (8). These changes are critical to ‘Shaping systems’
277 that can adapt as the complex and interconnecting components evolve as an outcome of service,
278 legislation and funding change.

279 Ensuring our health system can appropriately serve the current and future health needs of
280 Australia is a complex, adaptive process which will only be achieved through leadership at every
281 level (3). Allied health professionals are ideally positioned to contribute to this kind of health
282 leadership. The need to facilitate health leadership at a national level is well recognised with calls
283 to action for governments and the international health community to recognise that healthcare
284 performance and improvement are dependent on quality professional leadership (8, 35). The World
285 Health Organisation asserts, (36, p1) “successful leaders are those who know how to create a
286 workplace culture in which the safe and high quality care of patients is a priority — a culture that
287 promotes inter-professional teamwork, sets strategic goals for patient safety, supports efforts within
288 the organization to achieve improvement goals, provides resources for strengthening systems,
289 removes obstacles for clinicians and health-care staff that interfere with safe care, and requires
290 and maintains high performance of health-care providers”.

291 **CONCLUSION**

292 For allied health to play its optimal role in health system reform, innovation and change, the
293 Standards that guide allied health professionals must explicitly reflect health leadership
294 competencies. In their present form, health leadership is not easily recognisable in most
295 Standards. While most Standards link to important components of leadership, allied health
296 professionals who are not familiar with the national health leadership framework or leadership
297 theory might not recognise these references as attributes of leadership. Without specifying
298 leadership capabilities as clear knowledge and skill domains the professional standards are open
299 to interpretation and education may overlook leadership development opportunities. Failing to
300 educate leadership competency, will fail to equip our future allied health graduates with the
301 knowledge and skills they need to address the reality of complex health system innovation and
302 clinical redesign. Nor will they be educationally prepared for guiding national policy makers on how
303 to support this leadership work. This paper highlights the underutilised leadership potential of allied
304 health professionals. By refining competency Standards and educating allied health professionals
305 in leadership knowledge and skills, we can support the ongoing health system reform that is
306 needed to improve public health.

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Table 1: MeSH terms (NLM 2019) used to describe leadership

MeSH term(s)	Associate entry term	Keyword
Leadership	Leader, Leaders, Leading	Lead*
Institutional Management	Manager, managers, management, managing	Manage*
Change Management	Influences, Influencer, Change	Influence*, Change*
Institutional Management Teams	Teams, teamwork, team leader, teammate,	Team*
Organisation and Administration	Supervises, supervisor, supervision	Supervis*

Table 2: Standardisation of levels of competency nomenclature

Disciplines	1. Domain	2. Standard	3. Indicator	4. Cue
Audiology	Standard	Indicator	Criteria	-
Chiropractic	Universal competency	Standard	Performance criteria	-
Clinical Psychology	Domain	Standard	Criteria	-
Dentistry	Domain	Standard	-	-
Dietetics	Domain	Key Tasks/Elements	Observable and/or measurable actions	-
Exercise Physiology	Standard	Guiding principle	Assessment expectations	Elements
Medical Imaging	Domain	Standard	Indicator	Cues
Occupational Therapy	Standard	Statement	-	-
Optometry	Unit	Element	Performance criteria	Indicators
Paramedicine	Domain	Standard	Indicator	-
Pharmacy	Domain	Standard	Enabling competency	General level/evidence examples
Physiotherapy	Role	Key competencies	Enabling components	-
Podiatry	Standard	Element	Performance criteria	Examples of evidence
Speech Pathology	Unit	Element	Performance Criteria	Cues

Table 3: Summary of all leadership statements, by discipline

Discipline	Direct reference to leadership	Indirect references to leadership
Audiology	0	35, (4%)
Chiropractic	2	41, (4%)
Clinical Psychology	0	20, (2%)
Dentists	2	26, (3%)
Dietetics	1	55, (6%)
Exercise Physiology	4	71, (8%)
Medical Imaging	0	79, (8%)
Medical Science	0	25, (3%)
Occupational Therapy	1	53, (6%)
Optometry	0	73, (8%)
Orthoptics	0	31, (3%)
Paramedicine	5	66, (7%)
Pharmacy	2	74, (8%)
Physiotherapy	1	93, (10%)
Podiatry	0	38, (4%)
Prosthetic and Orthotic	0	30, (3%)
Social Work	0	68, (7%)
Speech Pathology	0	57, (6%)
Total	18	935 (100%)

Table 4: Direct Leadership Statements, by Discipline

Discipline	Knowledge	Skills
Dentists	2. Communication and Leadership	
Dietetics		1.3 Demonstrates professional leadership
Exercise Physiology		6.4.4 Revise communication and leadership to respond to changes in client and other health professional needs and manage changes in clinical situation(s). 8.4.5 Revise communication and leadership to respond to changes in client and other stakeholder needs and manage changes in clinical situation(s). 9.4.7 Revise communication and leadership style to respond to changes in client and other stakeholder needs and manage changes in clinical situation(s).
Pharmacy	Domain 4: Leadership and management	4.1 Show leadership of self 3. Display self-motivation, an innovative mindset and motivation

4.3 Show leadership in practice

4.3.1 Inspire a strategic vision and common purpose

Physiotherapy 7. Manager/leader 7.2B recognise their leadership style and apply their leadership skills as relevant to the practice context

Table 5: Competency statement level of all leadership themes and subthemes

Themes	Subthemes	Domain	Standard	Indicator	Cue	Total
Leadership		5 (28%)	5 (28%)	7 (39%)	1 (6%)	18 (2%)
Self-Leadership						
	Professionalism and integrity	19 (21%)	24 (26%)	35 (38%)	14 (15%)	92 (44%)
	Lifelong learning and professional development	6 (7%)	22 (26%)	48 (57%)	7 (8%)	
	Scope of practice		11 (2)2%	30 (59%)	10 (20%)	
	Reflective practice		14 (33%)	21 (49%)	7 (16%)	
	Self care	1 (6%)	10 (59%)	6 (35%)		
Leadership With and Of Others						
	Values diversity of others	5 (2%)	33 (12%)	44 (16%)		
	Teamwork, collaboration and communication	8 (10%)	26 (31%)	45 (54%)	5 (6%)	
	Development of others		14 (26%)	33 (62%)	3 (6%)	
	Supervision and mentoring of others	1 (3%)	11 (31%)	19 (53%)	5 (14%)	
	Delegation to others		3 (33%)	4 (44%)	2 (22%)	
Improvement and Change Leadership						
	Evidence based practice		61 (51%)	35 (32%)	2 (22%)	
	Continuous quality improvement	1 (2%)	11 (24%)	24 (52%)	10 (22%)	
	Critical thinking	4 (15%)	8 (30%)	12 (44%)	3 (11%)	
	Problem solving	1 (4%)	7 (30%)	11 (48%)	4 (17%)	
	Change agency		5 (45%)	4 (36%)	2 (18%)	
Health Reform Leadership						
	Improving public health	6 (11%)	36 (45%)		5 (6%)	
	Health service and system change	3 (6%)	10 (19%)	34 (64%)	6 (11%)	
	Lead and advocate for the profession	3 (17%)	5 (28%)	6 (33%)	4 (22%)	

Table 6: Competency statements against Bloom's taxonomy level for all leadership themes and subthemes

Themes	Subthemes	Create	Evaluate	Analyse	Apply	Understand	Knowledge
Leadership							
Self-Leadership							
	Professionalism and integrity		2 (2%)		40 (43%)	11 (12%)	24 (26%)
	Lifelong learning and professional development		6 (7%)	6 (7%)	30 (36%)	4 (5%)	31 (37%)
	Scope of practice		1 (2%)		25 (47%)	15 (8%)	11 (21%)
	Reflective practice		29 (67%)	2 (5%)	10 (23%)	1 (2%)	1 (2%)
	Self care	1 (6%)	2 (12%)		9 (53%)	4 (24%)	1 (6%)
Leadership With and Of Others							
	Values diversity of others	3 (3%)	4 (5%)		46 (54%)	18 (21%)	14 (12%)
	Teamwork, collaboration and communication	3 (3%)	4 (5%)	3 (3%)	47 (54%)	18 (21%)	12 (14%)
	Development of others			5 (9%)	36 (67%)	9 (17%)	1 (6%)
	Supervision and mentoring of others	1 (3%)			21 (58%)	7 (19%)	6 (17%)
	Delegation to others				6 (67%)	2 (22%)	1 (11%)
Improvement and Change Leadership							
	Evidence based practice	6 (5%)	30 (26%)	8 (7%)	49 (43%)	13 (11%)	7 (6%)
	Continuous quality improvement		4 (9%)	4 (9%)	26 (55%)	9 (19%)	3 (6%)
	Critical thinking		16 (57%)	1 (4%)	5 (18%)	2 (7%)	
	Problem solving	1 (4%)	3 (13%)	8 (35%)	9 (39%)	1 (4%)	1 (4%)
	Change agency		2 (18%)		6 (55%)	2 (18%)	1 (9%)
Health Reform Leadership							
	Improving public health	3 (4%)	3 (4%)	5 (6%)	32 (40%)	25 (31%)	12 (15%)

Health service and system change	1 (2%)	28 (52%)	14 (26%)	8 (15%)
Lead and advocate for the profession	1 (6%)	12 (67%)	3 (17%)	1 (6%)

Table 7. Frequency of Subtheme, Self leadership

Subtheme	Frequencies and percentiles within theme 2
Professionalism and integrity	92, (44%)
Lifelong Learning and professional development	84, (40%)
Scope of practice	53, (25%)
Reflective practice	43, (21%)
Self care	17, (8%)

Table 8. Frequency of Subtheme, Leadership with and of others

Subtheme	Frequencies and percentiles within theme 3
Values diversity amongst others	87, (38%)
Teamwork, collaboration and communication with others	84, (36%)
Development of others	54, (23%)
Supervision and mentoring of others	36, (16%)
Delegation to others	9, (4%)

Table 9. Frequency of Subtheme, Improvement and change leadership

Subtheme	Frequencies and percentiles within theme 4
Evidence based practice	114, (58%)
Continuous quality improvement	47, (24%)
Critical thinking	28, (14%)
Problem solving	23, (12%)
Change agency	11, (6%)

Table 10. Frequency of Subtheme, Health reform leadership

Subtheme	Frequencies and percentiles within theme 5
Improving public health	81, (56%)
Health service and system change	54, (39%)
Lead and advocate for the profession	18, (13%)

Figure 1: How leadership is articulated within the 18 Standards analysed

