Class I methanol masers in NGC 253: Alcohol at the end of the bar

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ABSTRACT
We have used the Australia Telescope Compact Array to observe the 36.2-GHz class I methanol maser emission towards NGC 253 and find that it is located at the interface between the nuclear ring and both ends of the galactic bar. This is thought to be the location of the inner Lindblad resonance and we suggest that the maser emission in this region is likely due to large-scale cloud–cloud collisions. We have detected the first extragalactic 44.1-GHz class I methanol maser and find that it is associated with the 36.2-GHz maser emission. In contrast to the class I methanol masers found in Galactic star formation regions, the 44.1-GHz emission in NGC 253 is two orders of magnitude weaker than the 36.2-GHz masers. Both the 36.2- and 44.1-GHz emission is orders of magnitude stronger than expected from typical high-mass star formation regions. This demonstrates that the luminous class I methanol masers observed in NGC 253 are significantly different from those associated with Galactic star formation.

Key words: masers – galaxies: individual: NGC253 – galaxies: starburst – radio lines: ISM.

1 INTRODUCTION
NGC 253 is a nearby (3.4 Mpc; Dale et al. 2009), barred-spiral galaxy in the Sculptor group, and is one of the closest galaxies with a nuclear starburst. It shows strong molecular emission from a wide range of species (e.g. Martin et al. 2006; Meier et al. 2015) and has been imaged at high angular resolution and sensitivity across the electromagnetic spectrum (e.g. Ulvestad & Antonucci 1997; Weiß et al. 2008; Dale et al. 2009; Sakamoto et al. 2011; Lehner et al. 2013; Iodice et al. 2014).

The proximity of NGC 253 makes it possible to study the nuclear starburst at high resolution and sensitivity and it provides an important testbed for understanding the relationship between star formation in normal spirals, nuclear starbursts and merger-driven starburst systems (Leroy et al. 2015). The star formation rate within the nuclear starburst region is estimated to be approximately 2 M⊙yr−1, with both radio (Ott et al. 2005) and infrared (Radovich, Kahnppä & Lemke 2001) observations giving similar results. NGC 253 is a barred spiral and it is widely thought that the bar-potential plays a critical role in driving the nuclear starburst (e.g. García-Burillo et al. 2000; Iodice et al. 2014). The relative intensities of the high-excitation states of CO in the central molecular zone (CMZ) require both ultraviolet and mechanical heating to explain the observations and while cosmic ray heating may also contribute, it is not required (Rosenberg et al. 2014).

Iodice et al. (2014) show the presence of a nuclear ring at approximately the radius of the inner Lindblad resonance representing the inner end of the bar. The star formation in the central few hundred parsecs of NGC 253 (within the nuclear ring) accounts for about 50 percent of the total star formation within the galaxy (Leroy et al. 2015). The radio and molecular emission from NGC 253 essentially all arises within the nuclear ring, with the radio emission being predominantly due to supernovae and H II regions (Ulvestad & Antonucci 1997; Lenc & Tingay 2006). The compact non-thermal radio source TH2 has been suggested as a possible Sgr A*–like central supermassive black hole (Ulvestad & Antonucci 1997), however, the absence of an X-ray counterpart (Lehner et al. 2013) and milliarcsecond-scale radio emission (Brunthaler et al. 2009) casts doubt on this interpretation (Müller-Sánchez et al. 2010).

The galaxy has long been known to host OH emission (Turner 1985), water masers (Henkel et al. 2004; Hofner et al. 2006) and an NH3(3,3) maser is detected towards the centre (Ott et al. 2005; Gorski et al. 2017). The first detection of extragalactic class I methanol maser emission from the 36.2-GHz 41 → 30E transition was reported towards NGC 253 (Ellingsen et al. 2014) and most recently a HC3N maser from the J = 4 → 3 transition at 36.4 GHz has been detected close to the class I methanol masers (Ellingsen et al. 2017). The discovery of the 36.2-GHz methanol emission was made at modest spatial and spectral resolution and has recently been confirmed through independent Jansky Very Large Array (JVLA)
observations (Gorski et al. 2017). In this paper we report new observations of NGC 253 at 36 and 44 GHz with the Australia Telescope Compact Array (ATCA), which we have used to investigate the nature of the methanol emission and its relationship with the dynamics and other properties of the galaxy.

2 OBSERVATIONS

The observations were made using ATCA on 2014 October 10, 11 and November 27, 28 (project code C2879). The array was in the 1.5A configuration (baseline lengths between 153 and 1469 m) for the October session and in the EW367 (baseline lengths between 46 and 367 m) for the November session. The current observations are sensitive to a maximum angular scale of approximately 15 and 46 and 367 m) for the November session. The current observations used the same primary calibrator between the low- and intermediate-resolution data. We measured a ratio of 0.88:1 for these data taken six weeks apart. We also examined the amplitude of the 0116-219 as a function of baseline length for each of the array configurations and it shows constant amplitude for each of them.

The data reduction followed the same procedure as for Ellingsen et al. (2017). Image cubes of the maser and thermal lines were created from the continuum subtracted, self-calibrated data. The intrinsic velocity resolution of the zoom-band observations of the maser transitions (31.25-kHz spectral resolution) ranges from 0.25–0.32 km s$^{-1}$, while for the 1-MHz spectral resolution data the velocity resolution ranges from 6.8–8.2 km s$^{-1}$. We found image cubes with a velocity resolution of 3 km s$^{-1}$ provided the best compromise between resolution and signal to noise in individual velocity channels for the maser emission. For the stronger thermal transitions the intrinsic velocity resolutions had adequate signal to noise, while for the weaker transitions we averaged to a final resolution of 20 km s$^{-1}$. We used the barycentric reference frame for the velocities in all image cubes and MIRIAD corrects for the changing line-of-sight velocity of the observatory with respect to the source prior to imaging. All data have been self-calibrated using the continuum data from the central region of the galaxy, which effectively aligns the observations from different epochs and frequencies to the degree to which the peak of the continuum emission is the same between the 36- and 44-GHz observations and the relative astrometric accuracy is expected to be a fraction of an arcsec.

3 RESULTS

3.1 36.2-GHz methanol

We detected the 36.2-GHz (4$_{1} ightarrow 3_{0}E$) methanol transition in both ATCA array configurations and Fig. 1 shows the integrated emission. The maximum baseline length for the high-resolution observations is nearly an order of magnitude longer than the previous low-resolution observations of this emission (Ellingsen et al. 2014). The integrated emission from the 36.2-GHz transition is 5.8 Jy km s$^{-1}$ for the intermediate-resonance data and 1.4 Jy km s$^{-1}$ for the high-resolution data. So three quarters of the 36.2-GHz methanol emission is resolved in the high-resolution observations, suggesting that it is on scales larger than about 15 arcsec (corresponding to a linear scale of 250 parsecs). The integrated flux density reported by Ellingsen et al. (2014) for the low-resolution observations was 0.6 Jy km s$^{-1}$, whereas we would expect it to be equal to, or larger than that measured for the intermediate-resolution array data. If we assume that this difference is due to either decorrelation or poor flux density calibration in the low-resolution observations and that they should be scaled by a factor of 2 (see Section 2), that produces an integrated spectrum from the low-resolution data, which shows

### Table 1. Summary of observations.

<table>
<thead>
<tr>
<th>Date</th>
<th>Array configuration</th>
<th>Centre frequency (GHz)</th>
<th>Time on source (min)</th>
<th>Velocity (km s$^{-1}$)</th>
<th>Resolution (km s$^{-1}$)</th>
<th>Synthesized beam (mJy beam$^{-1}$)</th>
<th>Image rms (mJy beam$^{-1}$)</th>
</tr>
</thead>
<tbody>
<tr>
<td>2014 October 10</td>
<td>1.5 A</td>
<td>36.9</td>
<td>296</td>
<td>−250–750</td>
<td>3.0</td>
<td>0.8 × 3.5</td>
<td>1.1</td>
</tr>
<tr>
<td>2014 October 11</td>
<td>1.5 A</td>
<td>43.3</td>
<td>256</td>
<td>−125–700</td>
<td>3.0</td>
<td>0.5 × 2.6</td>
<td>1.1</td>
</tr>
<tr>
<td>2014 November 27</td>
<td>EW367</td>
<td>36.9</td>
<td>232</td>
<td>−265–735</td>
<td>3.0</td>
<td>3.1 × 16.6</td>
<td>1.1</td>
</tr>
<tr>
<td>2014 November 28</td>
<td>EW367</td>
<td>43.3</td>
<td>315</td>
<td>−140–680</td>
<td>3.0</td>
<td>2.6 × 12.2</td>
<td>1.6</td>
</tr>
</tbody>
</table>

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472, 604–615 (2017)
Figure 1. The integrated 36.2-GHz methanol emission from NGC 253 from the ATCA intermediate-resolution observations (solid line) and high-resolution observations (dashed line). The red arrow marks the systemic velocity of the galaxy \((243 \pm 2)\) km s\(^{-1}\).

The combination of differing array configurations and spectral resolution, in addition to the uncertainties related to primary flux density calibration, phase calibration and possible temporal variation in the phase calibrator mean that it is not possible to definitively determine if the 36.2-GHz methanol emission has shown temporal variability, however, that is certainly a possibility, especially because the significant changes in the spectral profile are difficult to explain any other way.

Fig. 2 shows the 36.2-GHz emission formed by combining the data from all three available array configurations (the high- and intermediate-resolution data reported here and the low-resolution data from 2014 March). The combined array image has a synthesized beam of \(0.9\) arcsec \(\times 3.4\) arcsec and with a \(3\) km s\(^{-1}\) velocity resolution the 36.2-GHz image cube has an rms noise level of \(1.1\) mJy beam\(^{-1}\). The basic spatial and spectral morphology of the emission matches the earlier H168 array observations (see fig. 1 of Ellingsen et al. 2014). There are two primary sites of methanol emission offset approximately \(8\) arcsec to the north-east and \(20\) arcsec to the south-west of the peak of the continuum emission. Fig. 2 shows that the new observations partially resolve the emission in both regions and the greater sensitivity reveals several additional sites of weaker emission. To better characterize the maser regions we used the \textsc{miriad} task \textsc{imfit} to fit 2-dimensional Gaussian profiles for each plane of the image cube. We then grouped maser emission with spatial separations less than \(2\) arcsec in two or more consecutive velocity channels into single components, represented by the flux-density-weighted average position. The locations and

Figure 2. Centre panel: ATCA image of the integrated 36.2-GHz methanol emission (cyan contours at \(0.24, 0.34, 0.44\) and \(0.54\) Jy km s\(^{-1}\) beam\(^{-1}\)) and \(7\)-mm continuum emission (green contours at \(1.25, 2.5, 5, 10, 20, 40\) and \(80\) per cent of \(100\) mJy beam\(^{-1}\)) towards NGC 253. The synthesized beam for the ATCA methanol observations is \(0.9\) arcsec \(\times 3.4\) arcsec at a position angle of \(8^\circ\) (shown in the bottom-right corner of image) and combines the high-, intermediate- and low-resolution data. The background image is the integrated CO \(J = 2 \rightarrow 1\) emission from Sakamoto et al. (2011) shown on a logarithmic scale. The yellow squares mark the location of molecular clouds identified by Leroy et al. (2015) and the red circle, the location of the 36.4-GHz HCN maser (Ellingsen et al. 2017). The white stars mark the locations of the seven methanol maser sites identified in the current observations, which we have labelled MM1 through MM7 by increasing right ascension. The dashed black circle marks the pointing centre and size of the full-width at half-maximum (FWHM) primary beam of the IRAM 30-m observations by Martín et al. (2006b). The FWHM primary beam of the current ATCA observations is larger than the size of the image. Side panels: the spectra extracted from the ATCA 36.2-GHz methanol image cube (\(3\) km s\(^{-1}\) spectral channels) at the location of the labelled white stars in the centre panel. The vertical dashed line marks the systemic velocity of NGC 253 \((243\) km s\(^{-1}\); Koribalski et al. 2004). The \(x\)-axis for the spectra is the Barycentric velocity in km s\(^{-1}\) and the \(y\)-axis is the flux in mJy beam\(^{-1}\).
velocities of the components are shown in Fig. 3 and their properties are summarized in Table 2. We have labelled the seven components identified through this process MM1 through MM7 ordered by increasing right ascension (Fig. 2). The spectra extracted from the image cube are shown in the side panels of Fig. 2 for six of the seven components (the emission from MM5 is not shown, but shows emission over a similar velocity range to MM4, but peaking at a lower velocity).

3.2 441-GHz methanol

These observations represent the first search for 441-GHz class I methanol masers in NGC 253 and emission is detected towards the MM1 and MM4 36.2-GHz methanol maser sites in both the intermediate- and high-resolution data. The emission from the 441-GHz (7_0 → 6_1A^1) methanol transition shows a significantly narrower line width than the 36.2-GHz emission from the same location and the integrated intensity is more than an order of magnitude weaker (0.06 Jy km s⁻¹). Fig. 4 shows the 441-GHz methanol emission towards NGC 253. The image was formed by combining data from the intermediate- and high-resolution observations. The spectral line image cube for the 441-GHz methanol transition has an rms of 1.75 mJy beam⁻¹ and the emission towards locations MM1 and MM4 has a peak flux density 6.2 and 4.6 times this, respectively. Statistically, the 441-GHz methanol detections are marginal. However, the emission is observed at the same velocity and location in both array configurations and matches the velocity and location of stronger 36.2-GHz methanol emission. We are therefore confident that this represents a robust detection of 441-GHz methanol emission. The brightness temperature of the 441-GHz methanol emission towards MM1 is only 4.4 K, however, given the very narrow linewidth (<3 km s⁻¹) compared to that observed in dense gas tracers from this region there is little doubt that it is a maser.

3.3 Other spectral lines

A number of molecular and atomic transitions were covered by the 2-GHz IF band recorded for these observations, which have the advantage that they have the same angular resolution and sensitivity to the methanol observations, enabling a more direct comparison. The details of the observations of these transitions are summarized in Table 3. Fig. 5 shows the distribution of the observed molecular and atomic transitions from the intermediate-resolution observations. The strongest and most widespread molecular transitions we observed were the HCN J = 4–3 transition and the SiO J = 1–0 ν = 0, which span a similar spatial range to the CO J = 2–1 emission. Both of these transitions show emission at all the 36.2-GHz methanol locations, as well as closer to the nucleus of the galaxy, where no methanol emission is detected. Thermal SiO emission is a well-established extragalactic shock tracer (e.g. García-Burillo et al. 2000), while HCN has a relatively high critical density and is observed in hot molecular core (HMC) sources such as Sgr B2 (e.g. Hunt et al. 1999). CH3CN J = 2–1 is generally enhanced in HMC and in NGC 253, it is observed to be strongest towards the south-western edge of the nucleus, but closer to the nucleus than the strongest 36.2-GHz methanol emission (Fig. 5). HNC is a low-velocity shock tracer (Meier & Turner 2005). It is enhanced in regions where there is significant sublimation of dust ice mantle and traces less energetic shocks than those which produce strong SiO emission from sputtering of dust grain cores. Fig. 5 shows that it is strongest towards the MM1–MM3 36.2 GHz methanol regions, with weaker emission in the MM6–MM7 region, but little or no emission in the MM4–MM5 complex.

In addition to the four thermal molecular transitions, three recombination lines were detected, H56α, H53α and H66β. The first two of these are shown in Fig. 5, showing a very different distribution from the molecular transitions. H66β shows a similar distribution, but is significantly weaker and so yields no useful additional information. The peak in the recombination line intensity coincides with the peak of the continuum emission and it drops rapidly in intensity with distance from the nucleus. Weaker H56α emission is detected towards the 36.2-GHz methanol sites east of the nucleus, but not in the MM1–MM3 complex.

Table 2. Summary of the seven 36.2-GHz methanol maser components in NGC 253 and their relationship to other molecular emission. The values in parentheses in the last three columns are the offsets of the maser positions from those objects in arcsec.

<table>
<thead>
<tr>
<th>Label</th>
<th>Right ascension (J2000)</th>
<th>Declination (J2000)</th>
<th>Barycentric velocity Peak (km s⁻¹)</th>
<th>Barycentric velocity Range (km s⁻¹)</th>
<th>Gorski et al. label</th>
<th>Leroy et al. label</th>
<th>HC3N cloud</th>
<th>HC3N source</th>
</tr>
</thead>
<tbody>
<tr>
<td>MM1</td>
<td>00:47:31.93</td>
<td>−25:17:29.1</td>
<td>314.0</td>
<td>287–347</td>
<td>M5 (0.45)</td>
<td>1 (1.7)</td>
<td>A (0.8)</td>
<td></td>
</tr>
<tr>
<td>MM2</td>
<td>00:47:31.96</td>
<td>−25:17:29.1</td>
<td>345.5</td>
<td>290–362</td>
<td>–</td>
<td>1 (1.4)</td>
<td>A (0.5)</td>
<td></td>
</tr>
<tr>
<td>MM3</td>
<td>00:47:32.04</td>
<td>−25:17:25.8</td>
<td>275.0</td>
<td>272–305</td>
<td>M4 (0.55)</td>
<td>1 (2.0)</td>
<td>–</td>
<td></td>
</tr>
<tr>
<td>MM4</td>
<td>00:47:33.65</td>
<td>−25:17:13.2</td>
<td>188.0</td>
<td>140–221</td>
<td>M3 (0.69)</td>
<td>7 (0.4)</td>
<td>–</td>
<td></td>
</tr>
<tr>
<td>MM5</td>
<td>00:47:33.67</td>
<td>−25:17:11.9</td>
<td>143.0</td>
<td>140–224</td>
<td>–</td>
<td>7 (1.0)</td>
<td>E (0.8)</td>
<td></td>
</tr>
<tr>
<td>MM6</td>
<td>00:47:33.94</td>
<td>−25:17:10.9</td>
<td>207.5</td>
<td>200–215</td>
<td>M2 (0.55)</td>
<td>8 (1.1)</td>
<td>F (1.3)</td>
<td></td>
</tr>
<tr>
<td>MM7</td>
<td>00:47:34.13</td>
<td>−25:17:12.0</td>
<td>228.5</td>
<td>212–254</td>
<td>M1 (0.51)</td>
<td>9 (0.5)</td>
<td>G (0.7)</td>
<td></td>
</tr>
</tbody>
</table>
Wang et al. (2014) have reported maser emission from the $5_{+1} \rightarrow 4_{+0} \nu(E(84.5\text{GHz}\text{ class I})$ methanol and $J = 2 - 1 \nu = 3(86 \text{ GHz})$ SiO transitions towards NGC 1068, although to date there are no independent confirmations of either detection. The two detected SiO $J = 2 - 1 \nu = 3$ components have isotropic luminosities around $10^3 \text{ Jy km s}^{-1}\text{kpc}^2$. We have observed the SiO $J = 1 - 0 \nu = 0, 1, 2$ and 3 transitions towards NGC 253, but detect emission only from the vibrational ground state ($\nu = 0$). For the vibrationally excited states we constructed image cubes with 20 km s$^{-1}$ spectral resolution and these each have an rms of better than 0.6 mJy beam$^{-1}$. From this we can place an upper limit (using 5 times the rms noise in the image cube) of $7 \times 10^3 \text{ Jy km s}^{-1}\text{kpc}^2$ on any SiO $J = 1 - 0$ vibrationally excited-state maser emission in NGC 253. For comparison, this limit is about 200 times the luminosity of the SiO $J = 1 - 0 \nu = 1$ maser emission from the Orion star formation region (Goddle et al. 2009) and several thousand times the luminosity of typical late-type star SiO masers (Deguchi et al. 2004).

4 DISCUSSION

Fig. 2 shows the 36.2-GHz methanol emission with respect to the continuum emission, other molecular transitions and objects of interest. The methanol emission is associated with molecular cores observed in CO (Sakamoto et al. 2006, 2011; Leroy et al. 2015), NH$_3$ (Ott et al. 2005; Lebrón et al. 2011; Gorski et al. 2017), CS, HCN and HCO$^+$ (Kaufmann et al. 2007; Leroy et al. 2015; Meier et al. 2015) and offset from the location of supershells (Sakamoto et al. 2006; Bolatto et al. 2013). Leroy et al. (2015) used multiple ALMA configurations to investigate both the CO (1–0) emission and a number of 3-mm dense gas tracers. From these data they identified 10 giant molecular clouds (GMC) in the nuclear region of NGC 253 and these are marked as yellow squares in Fig. 2. Four of the ten GMCs (Leroy et al. 2015, sources 1, 7, 8 and 9) are associated with the methanol masers and the offsets of the different methanol maser components from the clouds are listed in Table 2.
Figure 5. Molecular and atomic emission from transitions observed simultaneously at intermediate-resolution with the 36.2- and 44.1-GHz methanol transitions. The colour image in each panel is the integrated emission of the molecular (or atomic) transition indicated in the top-right corner of the plot shown with a logarithmic scale. The synthesised beam for the molecular (or atomic) transition is shown in the bottom-left corner of the image as a yellow ellipse. The red contour is the 5 per cent contour for the integrated CO $J = 2$–1 emission (Sakamoto et al. 2011). The white contours are the integrated 36.2-GHz methanol emission (at 0.24, 0.34, 0.44 and 0.54 Jy km s$^{-1}$ beam$^{-1}$). The dashed contour (black in some panels, white in others) is the 2.5 per cent contour for the 7-mm continuum emission. The red circle marks the location of the 36.4-GHz HC$_3$N maser (Ellingsen et al. 2017) and the cyan diamonds the location of the 44.1-GHz methanol masers.

Recent Jansky Very Large Array (JVLA) observations of NGC 253 by Gorski et al. (2017) covered a number of molecular lines in the frequency range 21–37 GHz, including the 36.2-GHz methanol transition. Those observations have similar angular resolution and sensitivity to those presented here and show similar results, with offsets between the measured positions of the methanol emission of around 0.5 arcsec or less (see Table 2). Comparison of the three observations of the 36.2-GHz methanol undertaken with the ATCA (Section 3) showed the H168 observations made in 2014 March had significantly lower integrated flux density than the higher resolution observations from 2014 October and November. The JVLA observations of Gorski et al. (2017) were made in 2013 May and show the peak of the integrated intensity from the MM1–MM3 region to be around 40 mJy km s$^{-1}$, which lies
between the intensities seen in our intermediate- and high-resolution observations. The spectra shown in Fig. 8 of Gorski et al. (2017) were extracted from data with angular resolution 6 arcsec × 4 arcsec, which is between the angular resolution of the intermediate- and high-resolution observations (Table 1) and so is consistent with some of the 36.2-GHz methanol emissions becoming resolved out at higher angular resolution. The luminosities calculated from the integrated intensity of the methanol emission from the JVLA observations are also in reasonable agreement with those obtained from the current ATCA observations (see Section 4.2).

### 4.1 Comparison of methanol with other molecules

Many different molecular transitions have been observed at high resolution and sensitivity towards NGC 253 (e.g. Leroy et al. 2015; Meier et al. 2015; Gorski et al. 2017) and we can compare these with the 36.2- and 44.1-GHz methanol emission to obtain insights into their relationship with broader galactic morphology. The high-resolution observations of the thermal molecular and atomic transitions resolve much of the emission (as expected). Fig. 6 shows images using combined data from the two array configurations for all the molecular transitions except CH$_3$CN $J = 2$–1, which was the weakest of the transitions detected and is not detected in the combined array image. These images yield information on any compact components of the molecular and atomic transitions. Perhaps the most striking aspect of these images is the close correlation between the HC$_3$N $J = 4$–3 and 36.2-GHz methanol maser emission. Compact HC$_3$N emission is observed towards all the regions which show compact 36.2-GHz methanol emission. This was investigated in more detail by Ellingsen et al. (2017) who found that the MM1 region hosts a HC$_3$N $J = 4$–3 maser, detected at 0.1 arcsec resolution in JVLA data. HC$_3$N also shows compact emission from two regions towards the outer edges of the central continuum emission where no 36.2-GHz methanol is detected. The other two molecular transitions are nearly entirely resolved out at the resolution of the combined array images. Regions of weak compact SiO emission are observed, mainly towards the central continuum source, but some towards the western MM1–MM3 methanol complex. The HNCO emission shows weak emission close to the MM1–MM2 methanol sources, but essentially nowhere else.

Leroy et al. (2015) and Meier et al. (2015) used ALMA to make observations of a large number of molecular transitions in the frequency 85.6–115.7 GHz (covering approximately 50 per cent of this frequency range) with angular resolution in the range 2–4 arcsec. Leroy et al. (2015) focus on the dense gas tracers and comparison of those with CO and its isotopologues, while Meier et al. (2015) cover the remaining molecular transitions and make detailed comparison of the distribution of dense gas, shock tracers, photo dissociation
regions (PDR), recombination lines and total molecular gas. There are a number of molecules where Meier et al. (2015) observed a higher excitation transition of a molecule covered in the current observations, specifically HC$_3$N $J = 11$–$10$, SiO $J = 2$–$1 \nu = 0$ and HNCO (4.0, 3.0). For each of these the overall morphology seen in the ALMA observations is very similar to that observed at lower angular resolution by the ATCA (Fig. 5). From LVG modelling of a number of thermal transitions they find that the bulk of the molecular gas in the nuclear region of NGC 253 is consistent with kinetic temperatures $T_{\text{kin}}$ of around 80 K and densities $n_{\text{H}_2}$ of around $10^{3.75}$ cm$^{-3}$. Meier et al. (2015) show that PDR tracers are most prominent in the inner portion of the nuclear molecular gas, where they state that star formation is most intense and no 36.2-GHz methanol emission is observed. The most interesting result in terms of understanding the 36.2-GHz methanol emission is in the relative distribution of the two shock tracers SiO and HNCO. The SiO emission has a very similar distribution to the optically thin dense gas tracer H$^{13}$CN [see Meier et al. (2015) Fig. 3], whereas the HNCO emission is relatively enhanced in the outer regions of the nuclear molecular gas compared to the inner regions (similar to the 36.2-GHz methanol emission). The interpretation of this result is that in the inner regions HNCO is absent because of a combination of photodissociation and the details of the excitation mechanisms relative to SiO. Similar enhancement of HNCO relative to SiO is seen in the bar-shock regions of a number of other nearby galaxies (Meier & Turner 2005, 2012).

Gorski et al. (2017) used observations of six different NH$_3$ inversion transitions to estimate the kinetic temperature of the gas in the central region of NGC 253. They found that their ammonia data required the presence of two different gas components, a cool component with a temperature around 57 K and a warmer gas component with a temperature of 130 K. Interestingly, there was relatively little variation in temperature observed across the nuclear region and Gorski et al. (2017) interpret this as indicating that the dominant heating is not related to PDRs or shocks (since tracers of these do vary significantly), but that perhaps cosmic rays may be the dominant source of heating. The NH$_3$ clouds A1, A5 and A6 are most closely associated with the 36.2-GHz methanol emission regions and while these show temperatures similar to the regions closer to the nucleus, they do show significantly larger velocity dispersion. Gorski et al. (2017) estimate that the mechanical energy in the NGC 253 molecular gas exceeds the thermal energy by more than two orders of magnitude and in the molecular gas in the outer regions this ratio will be even higher. This suggests that turbulence may play a significant role in heating the molecular gas in the methanol maser emission regions.

4.2 Evidence for maser emission from 36.2- and 44.1-GHz methanol transitions

Ellingsen et al. (2014) claimed that the 36.2-GHz methanol emission in NGC 253 was a maser from comparison of emission from the same transition in Galactic sources and comparison with single dish observations of other methanol transitions in NGC 253. With higher resolution observations of the methanol emission and additional high-resolution data on thermal molecular emission in NGC 253, it is worth revisiting the evidence as to whether or not the 36.2-GHz emission is a maser. Unfortunately, there are no published images of other methanol transitions towards NGC 253 for direct comparison. In particular, it would be interesting to be able to compare the 36.2-GHz methanol distribution to low-excitation methanol lines such as the 96-GHz $J_2 \rightarrow J_1$ series (Henkel et al. 1987) or the 48.3-GHz $J_0 \rightarrow J_0$ A$^+$ and $J_0 \rightarrow J_0$ E transitions.

Fig. 2 shows that the brightest 36.2-GHz methanol emission from the combined array data is observed towards the MM1 and MM6 regions and at a velocity resolution of 3 km s$^{-1}$ it has a peak intensity of around 12 mJy beam$^{-1}$, corresponding to a brightness temperature of approximately 5 K. If we instead consider the integrated emission observed in a single synthesized beam, the MM2 region has 0.5 Jy km s$^{-1}$, corresponding to a brightness temperature of 220 K integrated over the 60 km s$^{-1}$ velocity range of the emission at this site. These values are in the range of the rotational and kinetic temperatures observed for molecular emission in the central region of NGC 253 (e.g. Martín et al. 2006b; Meier et al. 2015) and so do not in themselves imply maser emission. The HC$_3$N $J = 4$–$3$ transition shows the most similar spatial distribution to the 36.2-GHz methanol in the combined array images (Fig. 6) and making direct comparison at each of MM1–MM7 we find the two transitions have a very similar velocity range and the intensity of the HC$_3$N transition is about one third that of the methanol (although it does vary significantly between sites). The complicating factor here is that a HC$_3$N maser emission has been detected in the MM1 region (Ellingsen et al. 2017) and it may be that much of both the HC$_3$N and 36.2-GHz methanol emission detected in the combined array image arises from weak diffuse maser regions with scale sizes in the 10–100 pc range, similar to that observed for extragalactic H$_2$CO masers (Baan et al. 2017). The only other two molecular transitions detected in combined array images were the vibrational ground-state of SiO and HNCO, both of which show only very weak emission from small regions. This indicates that a much larger fraction of the emission from these transitions is resolved out on angular scales of a few arcsec. So the methanol emission shows a very different distribution to thermal emission from molecules other than HC$_3$N and the similarity with HC$_3$N may be because it also exhibits significant weak, diffuse maser emission.

The best studied Galactic class I methanol masers are associated with high-mass star formation regions (e.g. Plambeck & Menten 1990; Voronkov et al. 2006, 2014). One potential mechanism for producing intense extragalactic class I methanol maser emission in a starburst system is through combined emission from a large number of normal star formation systems within a small volume of space. If we take 500 Jy km s$^{-1}$pc$^{-2}$ (1.5 $\times$ $10^{-6}$ L$_{\odot}$) as a typical isotropic luminosity for a Galactic class I methanol maser, then the total luminosity of the 36.2-GHz methanol emission towards NGC 253 measured from the intermediate-resolution observations is $6.7 \times 10^7$ Jy km s$^{-1}$pc$^{-2}$ (0.2 L$_{\odot}$), i.e. more than 100 000 times that of a typical Galactic class I maser. Considering the strongest 36.2-GHz methanol emission region (MM1/MM2) we have an integrated flux density of 0.5 Jy km s$^{-1}$ within a synthesized beam of 0.9 arcsec $\times$ 3.4 arcsec, corresponding to linear scales of approximately 60 $\times$ 15 pc. This is more than 10 000 times the luminosity of a typical Galactic class I methanol maser from a relatively small volume, implying an average volume of $\sim$ less than 2.5 pc$^3$ per high-mass star formation region, which although implausible is not impossible. Within Galactic star formation regions the 36.2-GHz class I transition is usually accompanied by emission of comparable or greater intensity from the 44.1-GHz class I transition, as well as 6.7-GHz class II masers, 22-GHz water masers and other transitions (e.g. Voronkov et al. 2014). Hence, if the 36.2-GHz methanol emission were due to a large number of Galactic-like high-mass star formation regions then we would expect it to be accompanied by similar (or stronger) masers from a variety of other transitions, but that is not the case, with the 44.1-GHz class I emission
being two orders of magnitude weaker (see Section 3), no 6.7-GHz class II methanol masers with peak intensity greater than 110 mJy (Phillips et al. 1998b) and no water maser emission with peak flux density greater than a few mJy associated with any of the 36.2-GHz methanol emission regions (Gorski et al. 2017).

In the scaled-up Galactic star formation region scenario the methanol masers would be associated with regions of young, very intense star formation within the starburst. Matsubayashi et al. (2009) made sensitive observations of the Hα, S II and N II optical lines and used the H α:S II ratio to determine whether star formation or the galactic wind dominates in different regions. Both the NE and SW methanol emission regions lie beyond the region of intense H α emission, with the NE near the edge of the emission and no optical line emission evident from the SW region. The absence of any Hα emission from the SW region may be due to variable extinction. However, when this is considered together with the location of the methanol with respect to other molecular species and the findings of Martín et al. (2006b), that the chemistry of NGC 253 is consistent with the dominant factor in the nuclear region being low-velocity shocks rather than hot-gases, it is clear that the 36.2-GHz methanol emission cannot be due to a scaled-up Galactic star formation region-like environment.

The 44.1-GHz methanol emission in NGC 253 is restricted to two very narrow (<3 km s\(^{-1}\)) components close to the MM1 and MM4 36.2-GHz regions. Given what we know about the physical conditions (temperatures and densities) in the molecular gas in the central regions of NGC 253, the only mechanism capable of producing such narrow lines in a transition with an upper-state energy 64 K above the ground-state, is a maser. The presence of 44.1-GHz class I methanol maser emission strengthens the case for some (perhaps most) of the 36.2-GHz methanol emission being a maser and in the discussion below we will assume that this is the case. However, detection of 36.1-GHz methanol emission at angular resolutions an order of magnitude or more better than we have here are required to show this definitively.

### 4.3 Methanol masers from cloud–cloud collisions

Most previous observations of methanol emission towards NGC 253 have been made with single dish telescopes pointed at the nuclear region of the galaxy. The first detection of extragalactic methanol was made towards NGC 253 by Henkel et al. (1987) who detected the 96-GHz 2\(_{1}\) \(\rightarrow\) 1\(_{1}\) series with the IRAM 30-m telescope with a 24 arcsec beam. They detected two spectral components in the methanol emission with peak velocities of around 180 and 300 km s\(^{-1}\). From observations made at a number of offset locations they were able to make a coarse image of the methanol emission and their data suggests that it peaks slightly to the south-west of their pointing centre [\(\alpha = 00^h47^m33^s40; \delta = -25^\circ 17'14''0\) (J2000)].

Note that all the velocities in the current paper are given in the Barycentric reference frame, which for NGC 253 are 7.24 km s\(^{-1}\) higher than the equivalent velocity in the local-standard of rest (LSR) frame.

The most detailed study of methanol emission towards NGC 253 was made as part of the 2-mm spectral line scan of the galaxy by Martín et al. (2006b). Those observations were made with the IRAM 30-m telescope using a single pointing towards \(\alpha = 00^h47^m33^s3; \delta = -25^\circ 17'23''0\) (J2000) (offset 5.8 arcsec south-east from the pointing centre of the ATCA observations; see Fig. 2). The beamwidth (to half-power) of the IRAM 30-m was in the range 14–19 arcsec at the two extremes of the observed frequency range (129 and 175 GHz). The consequence of this is that the observations of Martín et al. (2006b) include the very centre of NGC 253, but not the region where we detected 36.2 GHz methanol. Martín et al. (2006b) detected 14 different methanol transitions in their 129–175 GHz spectral scan, essentially representing nine independent measurements (as a number of the transitions are in blended series). From these observations they obtain a rotational temperature of 12 K for the methanol emission and the 36.2-GHz methanol emission observed towards NGC 253 is a factor of more than 30 stronger than would be predicted for thermal emission from this transition (Ellingsen et al. 2014).

For some of the methanol transitions Martín et al. (2006b) report multiple spectral components with Barycentric velocities of around 170 and 300 km s\(^{-1}\), similar to the velocities of the north-east and south-west components of the 36.2-GHz methanol emission. The frequency coverage of their spectral scan includes six different known methanol maser transitions. Two of these are class I maser transitions, specifically the 132.9-GHz (6\(_{-1}\) \(\rightarrow\) 5\(_{0}\)) transition is in the same family as the 36.2-GHz maser and the 146.6-GHz (9\(_{0}\) \(\rightarrow\) 8\(_{1}\)) transition is in the same family as the 44.1-GHz maser. Neither of these class I transitions were detected in the Martín et al. (2006b) spectral scan. The other four known maser transitions are all class II transitions, at 148.1 GHz (15\(_{0}\) \(\rightarrow\) 14\(_{1}\)), 156.2 GHz (21 \(\rightarrow\) 30\(_{0}\)) (157.3 GHz (J\(_{0}\) \(\rightarrow\) J\(_{1}\))) and 165.0 GHz (J\(_{1}\) \(\rightarrow\) J\(_{1}\)). The 157.3- and 165.0-GHz transition series were both detected by Martín et al. (2005), but there is no suggestion from their data of significant non-thermal behaviour. However, in the absence of images with comparable angular resolution of any established thermal methanol emission, we do not know of the relative importance of the distribution of methanol compared to the excitation conditions in the absence of 36.2-GHz methanol emission in the region of NGC 253 covered by the primary beam of the Martín et al. (2006b) observations.

As discussed in Section 4.1, the spatial distribution of the methanol emission differs from that of dense gas tracers such as NH\(_3\), CS, HCN and HCO\(^+\) (Ott et al. 2005; Knudsen et al. 2007; Leroy et al. 2015; Meier et al. 2015), which show emission throughout the majority of the nuclear region. The 36.2-GHz methanol is located at the extreme ends of the molecular emission from other species. García-Burillo et al. (2000) imaged the thermal SiO J = 2–1 ν = 0 emission towards NGC 253 and showed that it is concentrated in four regions, two either side of the kinematic centre. They suggest that these four regions are associated with the Inner Lindblad Resonances (ILR). The more intense SiO emission closer to the nucleus being associated with the inner ILR (iILR) and the weaker, more diffuse regions being associated with the outer ILR (oILR). The dynamics of the bar lead to a concentration of material at the ILR and García-Burillo et al. (2000) suggest that the SiO is produced by large-scale collisions in these regions. Fig. 5 shows the integrated intensity of the SiO J = 1–0 ν = 0 transition with the integrated 36.2-GHz methanol emission superimposed. This lower J transition exhibits a similar spatial distribution to that shown by García-Burillo et al. (2000). The 36.2-GHz methanol masers are associated with the outer SiO emission regions and are marginally offset towards greater radii. This suggests that the methanol maser emission arises at the oILR, where there are significant cloud–cloud collisions at the interface between the nuclear ring and the inner end of the galactic bar. Additional support for this hypothesis comes from Iodice et al. (2014), who use near-infrared photometry to investigate the dynamics of NGC 253 and estimate the location of the ILR to be between 300 and 400 pc from the nucleus, consistent with the south-western 36.2-GHz methanol emission.

The relative chemical abundance of different molecular species can be used to infer the age of starburst systems and the current dominant physical processes responsible for the emission. Martín
et al. (2005, 2006b) found that the abundance of molecules such as CH$_3$CN, HC$_3$N, methanol, formaldehyde and OCS in the central region of NGC 253 are very similar to Galactic Centre molecular clouds where the chemistry is dominated by low-velocity shocks. The high HNCO:SiO ratio and larger velocity dispersion of the outer nuclear region molecular clouds (discussed in Section 4.1) are also consistent with this interpretation. Furthermore, widespread strong 36.2-GHz methanol maser emission is detected towards the centre of the Milky Way by Yusuf-Zadeh et al. (2013), accompanied by much weaker 44.1-GHz methanol masers (McEwen, Sjouwerman & Pihlström 2016). If 36.2-GHz emission similar to that detected towards the central region of the Milky Way were present towards the centre of NGC 253 it would have an integrated intensity of around 35 mJy km s$^{-1}$. This is less than 1 per cent of the integrated intensity detected in the intermediate resolution data, however, it would have been readily detectable at the sensitivity of those observations. The absence of 36.2-GHz methanol emission in the central region of NGC 253 may be due to a lower abundance of methanol in this region because of dissociation from high energy photons or cosmic rays, alternatively it may be the absence of large-scale low-velocity shocks capable of producing class I methanol masers.

The other Galactic environment where class I methanol maser emission has been studied in some detail is in regions where supernova remnants are interacting with molecular clouds. In those regions the 36.2-GHz methanol masers are often stronger than the 44.1-GHz masers and sometimes the latter are completely absent (e.g. Pihlström et al. 2014; McEwen et al. 2016). Modelling of class I methanol masers by McEwen, Pihlström & Sjouwerman (2014) and Leurini, Menten & Walmsley (2016) shows that this occurs for gas at relatively higher densities ($n_{\text{H}_2} > 10^7$ cm$^{-3}$) and temperatures ($T \geq 100$ K) than the conditions under which the 44.1-GHz maser is the strongest class I methanol transition. Gorski et al. (2017) show that much of the 36.2-GHz methanol emission is located at the edge of supershells observed in CO and dense gas tracers (Sakamoto et al. 2011; Bolatto et al. 2013) and speculate that it could be produced by a large number of protostellar outflows or supernova remnants in these regions. In Section 4.2, we demonstrated the significant differences between the 36.2- and 44.1-GHz methanol emission observed in NGC 253 and that observed in typical Galactic high-mass star formation regions (e.g. Voronkov et al. 2014), which would seem to rule out individual protostellar outflows as the mechanism. Supernovae in NGC 253 have also been studied in some detail (e.g. Lenc & Tingay 2006), but they are restricted to the inner nuclear region which shows no 36.2-GHz methanol emission.

We suggest that the scenario for the production of 36.2-GHz methanol masers which best fits the observational data for NGC 253 is that they arise in regions where there are large-scale, low-velocity shocks, but a lower radiation field than the inner nuclear zone (where we observe continuum emission, radio recombination lines and molecular transitions associated with PDRs). The strong south-western 36.2-GHz methanol masers can be explained as being produced in a region where molecular gas is being compressed and shocked by the combined effect of expansion of a superbubble and inflowing molecular material from the galactic bar. The north-eastern 36.2-GHz methanol masers are generally weaker, but here the methanol partially overlaps with emission from radio recombination lines (e.g. H56 ø), suggesting a higher radiation field, which is also consistent with weaker emission seen in other molecules sensitive to photodissociation, such as HNCO. So it may be that in the north-eastern region there is more active or advanced star formation, or other energetic processes than the south-western region and the resulting radiation is in the process of destroying the gas-phase methanol in this region. The methanol maser emission in NGC 253 is thus envisaged as a scaled-up version of that seen in the central regions of the Milky Way and in supernova-molecular cloud interactions, perhaps with a substantial fraction of the emission arising in larger-scale, diffuse regions, rather than compact components. Regions of weak, diffuse maser emission do not appear to be consistent with the current model requirements for 36.2-GHz masers to dominate the 44.1-GHz transition at higher densities. However, recent work in this area has focused on compact maser emission, so there may also be regimes at lower densities, where 36.2-GHz masers are stronger, which have yet to be identified.

If the conditions which produce class I methanol masers in NGC 253 are broadly speaking, a large-scale form of supernova-molecular cloud interactions, then we might predict that other shock-excited masers, such as the 1720-MHz OH maser emission may also be present close to the class I methanol masers (Friel 2011). The ground-state OH lines in NGC 253 were imaged with the VLA by Turner (1985) at 17.7 arcsec, with 9.5 arcsec resolution and used to investigate the gas-dynamics in the nuclear region. At these angular scales the OH spectra are dominated absorption in the foreground of the nuclear region. Interestingly, Turner (1985) comment that in the 1720-MHz OH transition the absorbing gas is situated on the southeast side of NGC 253, which suggests that they are both shock excited and amplified by the background continuum emission. This suggests that further investigations with higher angular resolution (to resolve out foreground absorption) may be warranted.

M82 is the other proto-typical nearby nuclear starburst system, but it has a much lower abundance of methanol than NGC 253 (Martín, Martín-Pintado & Mauersberger 2006a). It is thought that M82 is a more evolved starburst with the chemistry dominated by PDRs, in contrast to the intermediate age starburst of NGC 253 (Martín et al. 2005). M82 has not yet been searched for 36.2-GHz methanol maser emission, however, we might expect that class I methanol maser emission from the nuclear region of M82 will be absent or significantly weaker than is the case for NGC 253. Martín et al. (2006b) compared the chemistry of NGC 253 with that of five other nearby starburst galaxies M82, IC 342, Maffei 2, NGC 4945 and NGC 6946. They found NGC 4945 and IC 342 to be the most chemically similar to NGC 253, which suggests that they are both good potential targets for future searches for extragalactic 36.2-GHz methanol emission, particularly as a number of these sources show similar enhancement in HNCO:SiO ratios due to bar shocks (Meier & Turner 2012).

### 4.4 Methanol as a probe of fundamental constants

The methanol molecule has a rich rotational spectrum due to the hindered internal rotation of the OH radical about the C–O bond. This hindered internal rotation also makes the rest frequencies of the rotational transitions of methanol unusually sensitive to the proton-to-electron mass ratio (Levshakov, Kozlov & Reimers 2011; Jansen et al. 2011). Comparison of the rest frequency observed for a spectral line astronomically with that observed in the laboratory can be used to test for variations in the fundamental constants of physics, such as the ratio of the mass of the proton and electron or the ratio of Planck’s constant to the speed of light (e.g. Bagdonaite et al. 2013; Kanekar 2011). The observed frequency of a spectral line in an astronomical observation depends upon the relative motion of the
source along the line of sight to the observer. To determine if the rest frequency of a line has changed compared to the expectations from the laboratory, we have to compare two different spectral lines which have different dependencies on the fundamental constants of physics. However, in general different spectral lines will trace different physical conditions and hence environments, which introduces additional uncertainties in the relative line-of-sight velocities (see Ellingsen, Voronkov & Breen 2011, for a more detailed discussion).

The different rotational transitions of methanol show significant differences in their sensitivity to the proton-to-electron mass ratio $\mu$ (Levshakov et al. 2011; Jansen et al. 2011) and some Galactic methanol masers have been demonstrated to have the emission from the 6.7- and 12.2-GHz transitions co-spatial at the milliarcsec scale (Menten et al. 1992), as well as exhibiting both narrow and intense emission. The 6.7- and 12.2-GHz class II methanol maser transitions are the strongest and best studied Galactic methanol maser transitions. Unfortunately, previous attempts to detect class II methanol masers in extragalactic sources have been largely unsuccessful, with only a handful of sources detected in Local Group galaxies (e.g. Green et al. 2008; Ellingsen et al. 2010; Sjouwerman et al. 2010). Despite extensive searches there have been no class II methanol megamasers detected (Ellingsen et al. 1994; Phillips et al. 1998a; Darling et al. 2003). The extragalactic class II methanol masers detected to date are less luminous than the strongest Galactic sources and so there appears little prospect of being able to detect them at cosmologically interesting distances. The recent detection of luminous class I methanol masers towards two nearby starburst galaxies (Ellingsen et al. 2014; Wang et al. 2014) and the major merger system Arp 220 (Chen et al. 2015), combined with finding by Chen et al. (2016) of a possible relationship between methanol maser luminosity and star formation rate, suggests that it may be possible to detect methanol megamasers at cosmologically interesting distances.

Observations of multiple methanol maser transitions towards the same source then opens the prospect of a new and sensitive probe for changes in the proton-to-electron mass ratio. The most sensitive constraints on $\mu$ to date have been achieved through observations of absorption from different methanol transitions towards the lensing galaxy in the PKS B1830-211 gravitational lens system (Ellingsen et al. 2012; Bagdonaite et al. 2013). Strong lensing systems such as PKS B1830-211 are rare, however, major mergers are relatively common, so there is the potential to undertake a sensitive test for changes in the proton-to-electron mass ratio over a range of redshifts distributed across the sky. As methanol contains both a carbon and oxygen atom, we expect its abundance to be significantly reduced in low-metallicity systems, hence, the degree to which methanol can be used to test for changes in the fundamental constants at high redshift will depend on the degree to which metallicity impacts the luminosity of class I methanol masers in starburst systems (e.g. Ellingsen et al. 2010; Breen et al. 2011). The fundamental limitation will then be the degree to which the emission from different methanol maser transitions is co-spatial and the relative sensitivity to changes in $\mu$ of the different transitions. For the 36.2- and 44.1- and 84.5-GHz class I transitions (the transitions detected in extragalactic sources to date), the sensitivities are 9.6, 5.3 and 3.5, respectively (Jansen et al. 2011b; Levshakov et al. 2011). For NGC 253 we have found the 44.1-GHz methanol emission to be significantly weaker than the 36.2-GHz transition and to have very different spectral profiles. This suggests that these two transitions are probably not suitable for sensitive tests of the proton-to-electron mass ratio and that it will be necessary to identify another methanol transition which is more similar to the 36.2 GHz to make this an interesting prospect.

5 CONCLUSIONS

We have made sensitive arcsec-resolution images of the 36.2- and 44.1-GHz class I methanol transitions towards the nuclear region of NGC 253. The methanol emission is located towards the edges of the nuclear molecular gas in regions where there is ionizing radiation to dissociate the molecules. We have detected the first extragalactic 44.1-GHz methanol masers, which are associated with regions of stronger 36.2-GHz methanol masers. The class I masers are located at the inner end of the galactic bar, close to the inner Linblad resonance and are likely due to large-scale cloud–cloud collisions occurring in this region. The characteristics of the NGC 253 methanol masers appear to be similar to those of the methanol masers detected towards the central region of the Milky Way and in supernova-molecular cloud interactions. We suggest that nearby spiral galaxies with bar shocks are prime targets to search for other extragalactic class I methanol masers to better characterize and understand their relationship with galactic morphology and dynamics.

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